



Youth Engagement and Serving Organization (YESO) Committee Meeting Minutes

April 11, 2018

9:00 am to 10:30 am

1st Floor Conference Room, Easter Seals
22317 Dupont Blvd., Georgetown, DE 19947

Mission: The YESO Committee exists to positively impact and promote healthy outcomes for children/families through collaboration with key health community partners that empowers families to live healthy lifestyles.

Meeting Call to Order and Introductions by Lindsay Hughes. Motion to approve the minutes made by Regina Sidney-Brown, motion to second made by Pat Ayers. Minutes were approved as presented. Cheryl asked the committee members to review the minutes prior to the meeting. We will no longer print copies for all attendees starting August 2018. Agenda and minutes are available on the web site.

Attendees: Lindsay Hughes, Sara Shultz, Adam Underwood, Holly Johnson, Patti Burke, Mary Johnson, Patricia Ayers, Melody Bush, Mallory Stratton, Ramona Pickett, Jeshonda Dennis, Lindsay Hughes, Regina Sidney-Brown, Vinnie Fabber, VaShita Pierce, Peggy Geisler, Cheryl Doucette, Nancy Burris

Patti Burke made a motion to approve Mallory Stratton as the second co-chair, motion seconded by Pat Ayers, approved.

Action Items:

VaShita to invite Mark Harmon, and Pastor Carol Harris to the quarterly meeting, April 19th - done

VaShita to provide 130 Detera bags for quarterly meeting - done

VaShita to share the flyer on April 24th with SCHC to promote - done

SCHC to invite Mark Harmon, Pastor Carol to participate with Drug Free Communities – done

Peggy to provide a template for data gathering Botvin/Prime for Life highlights. Work with Mark Harmon, Lindsay Hughes, VaShita, Sara Shultz – needs follow up

Add Brandywine data to the matrix – on going

Sara Shultz will now be the monthly contact person for La Colectiva de Delaware initiative – done

Peggy to share the Maryland provider details who treats victims of sex trafficking. – needs follow up

Please send flyers to SCHC so we can promote your event – done

Guest Speaker: VaShita Pierce, AS, Prevention Program Supervisor, Kent Sussex Community Services
Phone: 302-672-8236; Email: Vashita.Pierce@kscs.org

ATOD Prevention Program: KSCS's Alcohol Tobacco and Other Drugs Prevention Program, provides evidence-based prevention curriculums throughout Kent and Sussex Counties to individuals ages 12-25 using the Strategic Prevention Framework.

Focus: To develop a comprehensive prevention program that includes activities and services provided in a variety of settings. Working with youth ages 12-18; getting into the schools, community centers. Our programs target both general population and sub-groups that are at high risk for substance abuse.

Information Dissemination through fun, kid friendly community events. Recent event for high school kids getting ready for prom season. KSCS made mock tails, alcohol free pretty drinks. Kids were asked to sign a pledge; no drinking or drugs during prom. Working with businesses, health fairs, etc. Focus is youth.

Goal: Prevent the onset and reduce the progression of substance abuse which includes: childhood and underage drinking; tobacco and marijuana use; prescription and opioid drug use. Substance Abuse Prevention and Treatment (SAPT) Prevention Strategies, prevention services through a comprehensive, multi-strategic prevention approach. Prevention Education: *Prime for Life*, an evidence-based prevention and intervention program, helps people learn to reduce their risks of alcohol and drug related problems through life. Asking the kids, what do you value? Education on how alcohol/drug effects the body.

Committee discussion on Botvin/Prime for Life programs, how they differ, benefits of both programs. Lindsay Hughes works with Botvin, VaShita works with Prime for Life (8th grade and up; high drug usage, high social needs)

Q: Can SCHC help drive which program should be in which area? Can we do a matrix of Botvin/Prime for Life that can be shared with schools to have a comparison chart of the benefits and target area for each program. School like to have choices. Not just one program or provider.

Peggy to work with Mark Harmon/Lindsay Hughes; Peggy to put together the template. DSAMH, main funder. More impact for the community. There is no coalition in Kent County. Sussex County has a huge hole in services.

Matrix will provide education. All School administrators need to hear about both programs. Botvin is for Middle School kids, Prime for Life, high school kids. Aligning our resources, collecting data so we know how many kids we are reaching. Schools can decide which program is better for them or they can use both. Botvin uses pre and post measurements. BluePrints program (website), evidence based

VaShita said wellness directors have reached out to her; which help her get in the door. Kick Butts Day in Georgetown. Provide trips for kids from a community center, keep the kids active. Looking for partnerships to keep the kids busy and have fun. Upcoming family empowerment conference will be held, partnering with First State, Boys and Girls Club. April 24th, 10-2 pm, family event conference, Bedford Park, Georgetown. Share flyer with SCHC.

They do a community-based projects --beautification day, clean up community center. Drug Free Zone signs in parks and schools. Handed out Deterra bags for prescription drug disposal. KSCS is working with Devine Community projects, Kent County.

Sara Schultz, provided an update on La Colectiva de Delaware initiative. Serving the Latino community, formed in December. From the SCHC survey results, they are now working on how to tackle action items, next meeting is May 10th, 9 to noon. If you are interested in participating, let Sara know. Send information to SCHC to distribute when available. Sara Schultz agreed to report to this committee monthly on La Colectiva.

Regina Sidney-Brown, DEAN Update: Upcoming conference, Building Bridges, April 25th, Dover, DE. Stop by her booth 4/25, for afterschool providers she has fun giveaways. How do we bring afterschool communities and prevention providers together? When kids leave school, their challenges don't stay at school. Local and national presenters for the conference. SCHC sent the link, back on the newsletter, on the SCHC website as well as quarterly newsletter.

Awarded a small dollar grant to provide a list of all before school afterschool programs that are available to kids in Delaware. Working with United Way, 17 zip codes will be included. Let SCHC know if there is anything we do to help Data fact sheet will be created and shared with legislatures to help them have a better understanding by district.

- Will include weekly, drop in, summer program, workforce development, specific details on each program. Identify funding resources, who is funding what programs?
- What programs are available for the older youth? Once they turn 13 what kind of support are they getting? What is working and what do you want more of? Grade level reading is a focus topic.
- High risk kids aren't going to purchase of care. Regina said that as long as the kids are in the identified zip codes, data will be gathered by the grant team. 48,000 kids (k-18) are unsupervised and are not in any type of program. Regina was not able to provide how many kids in Sussex.
- Money is available for 2018, but funding for 2019 is under review.

New Business: Discuss 2018 Goals. Review Dashboard, are we still committed to staying in the space. Look at wins, look at emerging issues.

Wins:

- Landscape map, very little for kids 12 and over. Teenage drug/alcohol, teen age pregnancies, sexually transmitted diseases, leading to more cancer patients.
- Lacking prevention education. Target the middle schools, how do we engage? Mental health group is now in 3 school districts, deeper dive on suicide prevention, setting up specialized Latino assistance.
- SBMHC, Summer Collab, did the Botvin training for partners, UNIQUE, lots of programs that SCHC, this committee have accomplished.

New goals:

- KSCS, Botvin partnership.
- Look for ways to help Pat Ayers launch the mobile app, ready to go. SCHC to support the launch of the app
- How do we advocate for more funding?

Brandywine has the resources for ages 12-18 and they have programs for ages 13 to 24, (13-17), (18-24). Add Brandywine to the matrix. Kids are unstructured and unsupervised. We need more slots for the kids. We need transportation for the kids for afterschool programs, schools need to stay open longer to host the programs. Use the money to get the kids where they need to be.

Q: Has Peggy talked with the directors of the afterschool programs?

Mary Johnson can provide a list of resources. Let the directors tell us what they need not the administrators tell us what they think they need. What are the youth saying? Who is having the conversation with young people? Boys and Girls Club, kids must complete tasks before they have sports time. Get rid of the older models that no longer work. Get the kids involved, peer leaders, teach the kids to reach out to their peers. Leadership means something to the kids. Kids can do wonders to teach the adults. Cell phones is where the kids live.

Q: what would a virtual afterschool program look like? Kids and adults are attention junkies on social media. Children don't feel connected to self, don't feel that they belong to the community. If they don't connect in a positive way, they will connect in a negative way.

Ramona Pickett shared she is data gathering similar information with her church kids and is happy to share her data on what the kids have told her. Kids are only socially involved online, not being successful in real life because they don't have social skills. A kid can leave a chat room / social media site if things are not going well. They don't know how to deal with real life issues face to face.

Partner Updates:

Backpage.com has been shut down as of this week. Feedback from true sex workers, they are pissed off, because they are now having to go back into the shadows. PTSD treatment for men/women who have been victims of sex trafficking. Maryland location to be opened, Peggy to provide more details.

Vinnie Fabber, Gallo Model coming here in July to provide certification. Please Send Flyer

UNIQUE conference, ages 10-18, April. Send flyer

Patti Burke, Survey, May 1st to May 15th.

Jefferson Awards, send flyer. 4 kids in Sussex county will be honored.

Mary Johnson:

- April 17 – Diabetes Self-Management Classes will begin at First State Community Action from 9:30am – Noon. Currently six people are registered.
- June 28 – Annual Health Equity Summit being held at Del-One Conference Center, Delaware Technical and Community College, Dover, DE from 8am -3pm. This year focus is recognizing how the faith-based communities are addressing health equity. There will be a panel discussion in the afternoon pertaining to the Opioid Epidemic.

Meeting Adjourned: Next Meeting, May 9, 2018, 9:00 am Easter Seals, Georgetown, DE