



Youth Engagement and Serving Organization (YESO) Committee Meeting Minutes

January 10, 2018
9:00 am to 10:30 am
1st Floor Conference Room, Easter Seals
22317 Dupont Blvd., Georgetown, DE 19947

Mission: The YESO Committee exists to positively impact and promote healthy outcomes for children/families through collaboration with key health community partners that empowers families to live healthy lifestyles.

Meeting Call to Order and Introductions by Sara Shultz

Motion to approve the minutes from Patti Burke, Sara Shultz seconded the motion, minutes were approved with minor changes. **Attendees:** David Okeke, Holly Johnson, Anna Ornelas, Patti Burke, Mary Johnson, Patricia Ayers, Natasha Mullen, Sarah Shultz, Jeshonda Dennis, Lindsay Hughes, Sarah Moore, Carol Marquez-Dyer, Lori Sellers, Tanisha Showell, Michele Munday, Peggy Geisler, Cheryl Doucette, Nancy Burris

Action Items

- Have La Red present on SBMCH conference call to update the group on it's programs.
- Can La Red put together a resources list of bi-lingual counselors and home office location?
- Reach out to Jesus in Seaford and invite him to participate with the Seaford Stakeholder meetings.
- Peggy/Bryan to discuss MOU with La Red so that La Red counselors can come into the schools to reach more high need kids. Reach more kids where they are.
- Peggy/Patti and Joann White to discuss WIC intake development screenings.
- Sara Shultz will connect Maribel Perez with La Red to increase collaboration.
- Lindsay Hughes will look at calendar for 3 weeks in March for Botvin Training Class with Mary Johnson, class would be held at Paradee Center (University of Wilmington), Dover.
- Botvin Follow up on original training, how many new trainers have come from the original Botvin Training?
- SCHC to provide a guideline of chair/co-chair expectations, time commitment.
- Feature UNIQUE/MANUP in April Quarterly SCHC Newsletter, Cheryl will reach out to Natasha
- David Okeke to share information with SCHC about summer camp with the policy academy.

Peggy reviewed the Committee Dashboard.

Guest Speaker: La Red Health Center

Phone: Email:

La Red Health Center has been serving the health care needs of Sussex County residents since 2001. Their mission is to be a center of excellence which provides quality patient centered care to the diverse members of our community. La Red has been recognized by the National Committee for Quality Assurance (NCQA) as a Patient Centered Medical Home. They offer a wide range of patient centered health & social services including the following: Pediatric and Adolescent Services; Adult and Senior Services; Screening Services for Chronic Diseases; Behavioral Health for Children and Adults; Oral Health Services for Children & Adults, Women's Health Services, other services available (see brochure), also they Georgetown site is now a WIC center.

- Treat children ages 13 and over.
- Three sites (Georgetown, Milford, Seaford) each site has 2 bi-lingual staff (counselors/intake nurse) as well as availability to Psychiatric physicians. Depending on the level of need, medication and/or a treatment plan will

be recommended to reach the next level of care. On site staff provides consultation services, emergency evaluations.

- Question: How active are you working with the school districts? Currently they are only working with Sussex Tech. Peggy discussed the work that the School Based Mental Health Collaboration (Indian River, Woodbridge, Seaford, Cape are doing to identify Latino youth that need assistance. La Red would be an excellent resource for the schools. La Red/SBMCH need to work together, share all programs that La Red offers. Which person bi-lingual serves what school district. Remind the schools teams that La Red is a wonderful resource.
- Question: What does the enrollment paperwork look like? Relatively easy, counselors can help with enrollment paperwork. If La Red works with the schools, the schools would be able to assist with enrollment paperwork. PCP can refer to La Red, then La Red reached out to schedule with patient. Intake nurse handles the process: what does this kid need? How fast do services need to be obtained? Where will this child obtain services? Most kids have some type of insurance to pay for services.
- If a person is already registered with La Red, they are eligible to use the La Red provided transportation to get to their appointments.

Getting access over to the school, access to La Red, transportation is key. If registered with La Red, they have access to transportation through La Red. If the need is great enough, counselors can see a set number of kids per week at the school. Intake process is minimal, schools should be able to help negative the intake process. Haitian population is growing in the Milford area, and Haitians need support, not currently set up to handle the influx of the growing Haitian population. Very few French/Creole speaking counselors/providers.

Georgetown location is now a WIC Center. Question: Does WIC do developmental screening? Patty Burke was able to reach out to a department contact and inform the committee, it does not appear that WIC does developmental screenings. How many WIC centers in Sussex County, 4.

Lots of families are undocumented. Reach out to the families about seeking service. Help families understand that kids/families can seek out help in the United States. Health issues lead to depression. Lots of the moms suffer, domestic violence, depression, women don't have resources. Question: Is La Red working with People's Place at all? Not at this time. La Esperanza has advocates as well as People's Place. Other groups that can fill that gap. La Esperanza sent staff to La Red, Maribel Perez. All the advocates in the county need work closely together, especially providers that offer bi-lingual services. La Red is a huge provider, but needs to reach out to the community more.

How can we increase the collaboration with La Red and La Esperanza (Maribel Perez) to reach out, all victims services all are bilingual. Future E-scan will identify provider services.

Old business:

Botvin Life Skills training in Spring 2017, accomplished through SCHC funding, taught teachers as well in October. Teacher training. Public Health wants to have middle school teachers trained. Botvin eventually into all the schools. End of the month, New Castle Training

Review Botvin Training: drug prevention based program with practical life skills. Self-esteem, decision making, coping with life issues. Kids know about the drugs, emotional aspects on coping with drug issues. Let's talk about stress, triggers, how to deal with it, coping tools.

What services are being offered to our children 12-18? Kids in this age group are getting very little services.

Collaboration between partners, connect with new resources, and providers. Being more aware of what is available to serve the Latino community? If partner wants to have training can Lindsay Hughes trained the groups? Yes. Mary Johnson is looking to have 7 staff members trained. Another class could be scheduled for 7-15 attendees. Lindsay will look to book Paradee center, provide dates for training (3rd week of March). Natasha Mullen and Sara Shultz are also Botvin trainers.

Partner want to be involved. Sarah Moore, working closely with La Esperanza. Sarah would be interested in taking the Botvin training as well. Summer collab/Tyler's Camp has come from Botvin Life skills training. Catherine Lindroth will be spending a week per month in Sussex. Summer programs are now available, if interested register with La Esperanza now. Nothing in schools for kids in middle school to handle life issues. 5 & 6th graders started drinking/smoking at age 12 move on from there. Parents need to worry about age 12 kids and not assume they can take care of themselves and have the knowledge to make good decisions.

Any other partners in the room that have good success stories from working with this room.

Patti Burke, said this committee elevated bullying awareness ... bullying effects the child for rest of their lives if not treated early and correctly.

Sarah Moore, YESO meeting is wonderful, good connections, keeping us informed.

New Business:

Sara Shultz and Lindsay Hughes were asked if they were interested in continuing on as chair and co-chair. Both agreed and the committee voted (Mary Johnson made a motion and Natasha Mullen seconded the motion) to have both continue as chair and co-chair, Mary. If anyone else interested in participating as a second chair, please let Cheryl know. Question: How much time is involved in being a chair/co-chair, duties?

Peggy would like to have the committee members think strategically, how can we connect partners, use each other's resources so the kids benefit from all the resources that are available. Attendees should always come to this meeting with their ideas to share with other committee members. Lots of new faces and energy from YESO meeting.

February: What are your organizational goals? SCHC has a real focus on increasing Latino services in Sussex county. Please share your organizational goals, find out from your Boss/CEO's/Executive Director your organizations goals. SCHC can't help you if we don't know your organizational goals.

Two speakers in March, Children's and Families First, Brandywine to present as well.

Partner updates/announcements:

- Michele: Courageous Hearts/equine therapy, getting more schools involved, working with the kids. Trust camp working with the horses directly. Team building skills, kids don't ride the horses. Most insurance/Medicare is taken, may have some scholarships/grant funding to cover sessions with some kids. Contracted with PHB, located in Lincoln.
- Natasha has four UNIQUE this year. Group size range from 8-9 up to 15-20. How to get involved? Advertises, people just show up. Need to be a member, to participate.
- Sarah Moore, new Latino based issues program just implemented, send information to SCHC. Summer collab, Tyler's camp, interest see Sara Shultz or Sarah Moore. In February, Sarah will offer a teen dating violence seminar (15 people, 90 minute program). Sarah will create a one pager for SCHC, so we can advertise the seminar for her.
- Brandywine: Working Sgt. David Miller, police academy again on summer camp/training. Sussex County was scaled back last year because of the short notice provided to Sussex. Committee asked David to please share information about the upcoming summer camp so Sussex has plenty of time to advertise and fill the open slots. led because Sussex county did not know about it, we were able to salvage one day, not the full training.
- SCHC web site almost complete. All dates for upcoming meetings, partner flyers will be posted. Go to: www.healthysussex.com/org (either .com or .org)

Meeting Adjourned: Next YESO Meeting will be February 14, 9:00 am Easter Seals.