


SUSSEX
COUNTY HEALTH COALITION
Youth Engagement and Serving Organization (YESO)
Committee Meeting Minutes
March 10, 2021
9:00 am to 10:15 am
Zoom – Virtual Meeting

Mission: The YESO Committee exists to positively impact and promote healthy outcomes for children/families through collaboration with key health community partners that empowers families to live healthy lifestyles.

YESO Committee Chair: Lindsay Hughes

Co-Chair: Matt Coyle

YESO Dashboard:

1. Increased Graduation Rate
2. Increased Prevention Activities and Program Capacity for Middle School Students
3. Decreased High Risk Behaviors

IMPACT - Increased assets for youth between the ages of 12 -18, leading to less risky behaviors and increased college and career readiness.

30 Attendees 0 new attendees

Call to Order & Introductions

Action Items

- SCHC to connect with Barbara Antlitz around LGBTQ+ training (done)
- SCHC to connect Kateri Fountain, Jean Briggs, and Kathryn Burritt to Dell Hudson around FSCAA Learning Pods (done)
- SCHC to include update from UWDE in upcoming committee meetings (done)

Approved unanimously by Janet Ray with a second by Mary Johnson.

Guest Speaker

Barbara Antlitz

CAMP Rehoboth

bantlitz@camprehoboth.com

Topic: Understanding the Mental Health in the LGBTQ+ Youth Community

- Understanding the vocabulary; LGBT + is the current terminology
- 1/5 children identify as being bisexual
- 40% LGBTQ respondents seriously considered attempting suicide in the past twelve months, with more than half of transgender and nonbinary youth having seriously considered suicide
- 68% of LGBTQ youth reported symptoms of generalized anxiety disorder in the past two weeks, including more than 3 in 4 transgender and nonbinary youth
- 48% of LGBTQ youth reported engaging in self-harm in the past twelve months, including over 60% of transgender and nonbinary youth
- 46% of LGBTQ youth report they wanted psychological or emotional counseling from a mental health professional but were unable to receive it in the past 12 months
- 10% of LGBTQ youth reported undergoing conversion therapy, with 78% reporting it occurred when they were under age 18
- 29% of LGBTQ youth have experienced homelessness, been kicked out, or run away
- 1 in 3 LGBTQ youth reported that they had been physically threatened or harmed in their lifetime due to their LGBTQ identity
- 61% of transgender and nonbinary youth reported being prevented or discouraged from using a bathroom that corresponds with their gender identity
- 86% of LGBTQ youth said that recent politics have negatively impacted their well-being

SUSSEX COUNTY HEALTH COALITION

- Transgender and nonbinary youth who reported having pronouns respected by all or most people in their lives attempted suicide at half the rate of those who did not have their pronouns respected
- Nearly 60% of LGBTQ youth report feeling unsafe at schools
- Nearly two-thirds have experience verbal harassment from peers (GLSEN, 2017)
- LGBTQ youth had a 120% higher risk of reporting homelessness than their straight and cisgender peers (Human Rights Campaign, 2018)
- 1 in 6 Gen Z adults are LGBT. And this number could continue to grow (Washington Post, February, 2021)[*
- Federal law mandates that GSAs must be allowed in schools if there are other clubs
- Going to schools and connecting with kids is the most effective, however they cannot vet the kids unless they have already come out as LGBTQ+, this allows an opportunity for parents to step in
- Supporting transgender and nonbinary includes: names and pronouns, gender neutral dress codes, restrooms and locker rooms, privacy and confidentiality, affirming/non-affirming family
- Creating gender inclusive schools: interrupt and discuss gender stereotypes, seek teachable moments, non-binary classrooms arrangement, display gender diverse books and visuals, model non-binary behavior
- Resources
 - GLSEN <https://www.glsen.org/>
 - Pronouns
 - GLSEN Releases New National School Climate Survey Report
 - Human Right Campaign - <https://www.hrc.org/>
 - School Climate Survey <https://www.glsen.org/school-climate-survey>
 - The Trevor Project <https://www.thetrevorproject.org/education/>
 - [Washington Post https://www.washingtonpost.com/dc-md-va/2021/02/24/gen-z-lgbt/](https://www.washingtonpost.com/dc-md-va/2021/02/24/gen-z-lgbt/)

New Business

- Trauma & Referrals to Project THRIVE
 - Delaware.THRIVE@doe.k12.de.us
 - If you would like to be a provider in the trauma informed network contact Teri Lawler
 - Project THRIVE can give supplemental support such as paying the copay for trauma support
 - If a provider is a vendor for Project THRIVE they may be able to supplement with additional sessions
- United Way Updates
 - DEAN: Will start being active members in the committee
 - Involving local mayors in the importance of after school programming, getting support for the after school network
 - Will have a United Way update every month moving forward
- Dell Hudson
 - FSCAA Learning Pods
- Supporting Children with Autism
 - Roundtable discussion
 - No one on the committee is working directly with children with autism
 - There is a lack of intensive outpatient services and support of IOP
 - These children go to the ER but there is nowhere to refer to besides the home

Partner Updates

- Lindsay Hughes: drawing contest, poem/spoken word contest, video contest
- Judith developed a new resource tool for parents
- SCHC was approached about developing a list of mental health providers
- Karen Johnson: commonly misused things found in the home presentation coming up, parenting ideas to keep the home safe



- Judy from DE Council on Gambling Problems will share a presentation on the impact of gaming and gambling and addiction in the brain; having a conference from on the 24/25 to discuss problem gambling and problem gaming: deproblemgambling.org
- Matt Coyle's Virtual Youth Summit registration

Meeting adjourned at 10:08 a.m. by Janet Ray with a second from Karen Johnston

Attendee Matrix

1.	Crystal Timmons-Bryant	SCHC	
2.	Peggy Geisler	SCHC	
3.	Emma Braun	SCHC	
4.	Dawn Paramore	LPCMH CAADC- Systems of Care	
5.	Janet Ray		
6.	Matt Coyle	American Lung Association	
7.	Judy McCormick	DCGP	
8.	Kaitlin McGee	DDL	
9.	Karen Johnston	UD Cooperative Extension 4H	
10.	Kiera McGillivray	CFF	LMFT Program Manager
11.	Lee Ann Gunning		
12.	Lindsay Hughes	UD Cooperative Extension 4H	
13.	Lori Pritchett	Delaware Futures Sussex	
14.	Nikki Mowbray	Multiplying Good	
15.	Zjohdell Hudson	FSCAA	
16.	Judith Schlott	Girls Spark	
17.	Becca Sulpar	Intern, UD-4H	
18.	Barbara Antlitz	CAMP Rehoboth	
19.	Richard Shores	SCHC	
20.	Quiana Dorn	Dover Behavioral Health System	
21.	Jackie Ortiz	La Esperanza	
22.	Frank Ferlenda	UD	
23.	Kim Blanch		
24.	Mary Johnson		
25.	Tom Harris		
26.	Theresa Vial	CFF	
27.	Melody Bush		
28.	Kateri Fountain		
29.	Latesha Clarke	PIC	
30.	Jean Briggs		