Youth Engagement and Serving Organization Committee Minutes

May 10th, 2017

The YESO Committee exists to positively impact and promote healthy outcomes for children/families through collaboration with key health community partners that empowers families to live healthy lifestyles.

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### Subject

**YESO Committee Meeting**

<table>
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<tr>
<th>Dates</th>
<th>5-10-17</th>
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### Facilitator

Crystal Timmons-Underwood

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<tr>
<th>Time: Start</th>
<th>9:00am</th>
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### Location

Easter Seals

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<th>Time: End</th>
<th>10:30am</th>
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### Room

1st Floor Conference Room

### Address

22317 Dupont Blvd, Georgetown, DE 19947

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### Minutes

#### Topic

**Attendance:** Crystal Timmons-Underwood, Lindsay Hughes, Eric Hastings, Patti Burke, Janet Ray, Shannon Drexka, Abigail Jones, Mary Johnson, Arlene Torres, Natasha Mullen, Alyssa Adkins, Mallory Stratton, Catherine Linbroth, Edy Morles, John Ray, Sarah Moore, Troy Hazzard, Regina Sidney-Brown, Alisha McCanney

**Review of Meeting Minutes:** Motion to accept minutes Eric Hastings and Patti Burke seconded with the corrections of Beau Biden Foundation

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### Guest Speakers

- Janet Ray: Jewish Family Services
  - Over 95% of youth (5-17 years of age) are enrolled as students in schools
  - Over 55.5 million kids attend school in approximately 130,000 “attendance centers” (public, private, & charter elementary and secondary schools)
  - REQUIRES k-12 comprehensive health education based on standards, functional knowledge, and essential skills.
  - The **consolidated application planning committee** must include: teachers, nurses, parents, community leaders, counselors, law enforcement officers and others with expertise in: health issues, family life, sexuality, and safe and drug-free schools and community’s issues
  - ELEMENTARY SCHOOLS (k-4)- 30 hours of health education each year.
  - TEACHERS OF KIDS IN GRADES 5 & 6- 35 hours of health education each year.
  - MIDDLE AND HIGH schools- must offer separate courses in health education that must be taught by a qualified teacher.
• **PROMOTES:**
  community and family involvement in schools
  supportive school climates including those that reduce the exclusion of
  students, while promoting those that support inclusive discipline policies and
  practices
• **IMPLEMENTS:**
  systems & practices to prevent bullying and harassment
  programs that support a healthy, active lifestyle (nutritional and physical
  education)
• **PROVIDES:**
  school-based mental health services and counseling
• **DEVELOPS:**
  relationship-building skills to help improve safety through the recognition and
  prevention of coercion, violence, or abuse
• **SUPPORTS:**
  re-entry programs and transition services for adjudicated youth
• **ESTABLISHES:**
  improved drop-out prevention efforts
  community partnerships
• **CDC PRIORITY AREAS FOR HEALTH PROMOTION ACTION FOR ADOLESCENTS**
  tobacco use
  unhealthy dietary behaviors
  alcohol and other drug risks
  unintentional injuries and violence
  physical inactivity
  sexual risk behaviors
• **THE WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD MODEL**
  (ASCD/CDC)-HEALTHY, SAFE, ENGAGE, SUPPORTED, AND CHALLENGED
  Surrounding each child is an emphasis on the alignment, integration, and
  collaboration among school, health, and community advocates to improve
  health and learning outcomes for each student.
• **What's going on in DC**
  -ON 1/23/2017, THE FOLLOWING WERE INTRODUCED:
    THE CHOICES IN EDUCATION ACT OF 2017:
    repeals the elementary and secondary education act (ESSA)
    acts to distribute funds for elementary and secondary education in the form of
    vouchers for public, private, charter, and home schooling
  -NO HUNGRY KIDS ACT:
    repeals nutrition standards for school meals (could affect access to fruits,
    vegetables, and grains as a way to reduce costs)
• **EDUCATION OUTCOMES:**
  grade point average (GPA), academic grades, graduation rates, standardized
  test scores, years of school completed, grade level retention
• **EDUCATION BEHAVIORS:**
  dropout, attendance, suspension, cheating, tardiness, behavior problems,
  study time, school-related activities
• **EDUCATION SKILLS AND ATTITUDES:**
  connectedness, education aspirations, sense of belonging, satisfaction, stress,
confidence about graduation, peer comparison, feelings of safety

**Special Discussion:**

- Health Rock Planning meeting
- Alisha McCanney-commented that she is trained and has taught to her high school special education students. The students really bought into the program.
- 20-30 kids will be provided for the training, Food provided, Busing provided by the coalition, Training in early August, Friday night at Boys & Girls Club?, date around John's Saturday Group-every other Saturday, Jr. Counselors from the Summer Program

**New Business**

- Mark your Calendars for our Quarterly Meeting scheduled for July 20th, 2017 at Univ. of DE Cooperative Ext. – see flyer
- Set Speaker for June & August-Sarah from YWCA-Sarah Moore-June/Wrap Around Delaware-Shannon Dreibka-August/LBGT-Camp Rehoboth/Regina Sidney Brown-Delaware Afterschool Network

**Partner Updates/ Announcements**

- Sarah Moore -YWC-Site Summer Program with 10 youth ages 11-18, 2 hours for 2 days for 6 week, College readiness program/she also speaks Spanish if needs her/Gives workshops about Character Building, Leadership, Self-Awareness & Respect, Conflict Resolution, Problem Solving, Decision Making, Diversity, Teen dating violence prevention, Employability
- Eric Hastings-Boys & Girls Club-Community Teen Night & BBQ-Friday, May 12th funded by American Lung Association/Justice in Time Train the Trainer-ages 18-23-questions answered by the police/Leadership Program-ages 15-up/Delaware Teen Idol-May 19, 2017 7-9 at Seaford Boys & Girls Club-13-18 years old/Meeting with Governor Carney about the work we do with the YESO and Boys & Girls Club/Teen Nights
- John-Ray -First Tee Program-in 4 elementary schools in Sussex County-learn about golf and life skills, camp-June 26th-30th, sponsored by First Tee and YMCA/5 weeks program during the summer-Seaford, Lewes, Milford areas
- Catherine Linroth-Summer Learning Capital-working with Western Sussex Boys & Girls Club-Hire-curriculum, 2 teachers and high school students-learning vision/5-year plan/lunch meeting today at Irish Eyes in Milton
- Regina Sidney Brown-Director of the Afterschool Network Building the Afterschool Network-started position in November 2016
- Alisha McCanney-School in Kent County-day treatments closing, hoping for a school in Georgetown, trying to work with Indian River School District
- Mallory Stratton-7 categories -health and wellness programs/Lake Forest-/Working on the National Youth Service Project
- Crystal-Worksite wellness-in Georgetown at Sussex Academy starts Friday, May 12th
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<tr>
<td>SCHC Updates</td>
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<td>NEXT Meeting: June 14, 2017</td>
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<td>YESO Committee Meeting @ Easter Seals</td>
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