



Youth Engagement and Serving Organization Committee Minutes February 8th, 2017

The YESO Committee exists to positively impact and promote healthy outcomes for children/families through collaboration with key health community partners that empowers families to live healthy lifestyles.

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| Subject | YESO Committee Meeting | Dates | 2-8-17 |
| Facilitator | Peggy Geisler (410-310-5969) | Time: Start | 9:00am |
| Location | Easter Seals | Time: End | 10:30am |
| Room | 1 st Floor Conference Room | | |
| Address | 22317 Dupont Blvd, Georgetown, DE 19947 | | |

Minutes

Topic

Attendance: Peggy Geisler, Cheryl Doucette, Crystal Timmons-Underwood, Midline Estimable, Sara Shultz, Lindsay Hughes, Janet Ray, John Ray, Elaine Grice, Holly Johnson, Brad Spicer, Patti Burke, Eric Hastings, Lena Clay, Mallory Stratton, Karlee Moore, Lisa Phillips, Melody Bush, Maria Edgerton.

Review of January Meeting Minutes: Motion to accept minutes with one change made by Brad Spicer. John made a second to the motion. Minutes accepted with one change.

- Patricia Burke worked with DOE to see what prevention based programs the schools are currently providing and invited a representative to present at next meeting around this topic

Guest Speakers

- **Patricia Burke – Health Systems Process Manager with Maternal Child Health**
 - Title 5: Maternal and Child Health Bureau federal program
- Bullying prevention programs currently offered by the state of Delaware
- DE Selected Priorities by Population Domain
- Bullying Needs:
 - 30% of Students in U.S. has experience bullying or has been bullied
 - 70-80% experience bullying either as a victim, perpetrator or bystanders or a combination of roles
 - By 2020, Decrease number of middle school students reported they are being bullied based on the YRBS survey by 2%
 - By 2020 Decrease the number of children who report being bullied on school property at the high school level by 2%
 - State Performance Measure:
 - First State performance measure is tied to bullying
 - Reduce the percentage of high school students who report feeling hopeless

for two or more weeks at a time in the past 12 months

- Bullying: Accomplishments (so far)
 - Continued partnership with Safe Kids Delaware and sponsored conference workshops focused on promoting social and emotional competence of children to cope with bullies
 - MCH participated in workshops focused on LGBTQ and Transgender issues and show how to become effective allies for these communities
 - Actively participated in industry sponsored Bullying Workshop and Workgroup
 - Launched a new bullying prevention webpage that offers resources and information for partners and students, and professionals on how to address bullying for children with or without special healthcare needs.
- Bullying: Plans for the coming year
 - Partner with Department of Education (DOE) to understand Bullying Prevention programs included in the school districts
 - Coordinate messaging campaigns that focus on anti-bullying and bullying prevention within the school environment
 - Create Public Health social marketing campaign
 - Leverage the power of community partnerships
 - Explore evidence based strategies.
- Pilot Program: No Bully System
 - Four Schools implementing the no bullying system for this school year
 - Dover High School
 - Milford Central Academy
 - Milford & Beacon Middle Schools
 - SCHC to look at which districts are missing
 - Results to be reviewed by DOE with future expansion expected
 - Training programs for staff is a year-long process to become “solutions coaches”
 - Students are selected to become members of the solutions team
 - The peer approach, “gives kids a chance to confide in someone their age.”
- SCHC to bring information on laws around bullying to YESO committee, also to share bullying laws currently at each school district.
- Group to look into which school district needs to be represented on YESO Committee
 - If any partners have a connection within school districts, please share with SCHC
- Presentation on Delaware Thrives webpage (DelawareThrives.com)
 - New Version to come
 - Will be better to navigate
 - Gives clear definition of bullying
 - Link for children with special healthcare needs
 - Information on what parents, and friends can do to prevent bullying
 - Includes local and national resources
 - Resources include bullying laws
 - SCHC to print these for committee
 - DOE School Climate and Discipline
 - Website: <http://www.doe.k12.de.us/domain/156>
 - Goal statement
 - Resources included:
 - School Memorandum of Agreement with Law Enforcement Agencies

- Bullying Prevention Policies
- Delaware's Bullying & Cyberbullying Laws/Regulations
- Training Materials

New Business

Status update:

- Botvin Life Skills Training – 4-H (Lindsay Hughes)
 - Elementary, Middle, and High School Curriculum
 - Life skills that children can learn to help prevent risky behaviors
 - Resiliency based approach
 - Lindsay teaches program at schools
 - She is now able to train other organization on the Botvin model
 - Organization will have to pay for the curriculum and workbooks to implement curriculum
 - There are different levels within the curriculum based on grade levels
 - SCHC can provide food for this training and maybe find a grant to help offset the cost for curriculum and materials for partners to take back to their organizations
 - Maximum for training is 20
 - Training has to be held by March
 - FSCAA can offer space on Monday or Friday

Old Business

- Review updated matrix of organizations offering youth programming or prevention based programming and anti-bullying policies
- Review nomination form for Community Partner of the year
- Trainings – Topics and Timelines

Updates/ Announcements / Set Speakers for next two months

- Eric Hasting – Boys and Girls Club
 - Justice in Time Program
 - Western Sussex Boys and Girls Club 6pm-8:30pm
 - Starting a re-entry program for juvenile offenders
 - 12-18 age group
 - Dinner will be provided
 - RSVP date is on flyer
- Elaine Grice - Church of God and Saints of Christ – (Gods Young People – GYP)
 - Feb. 23rd 6pm Spaghetti Dinner Fundraiser
 - Funds will go towards youth group college tour
- Janet Ray
 - April 1st – Delaware School Nurse Association Conference
 - Polytech Adult Ed Center
 - If any partners are interested in setting up exhibit Janet Ray
 - Focusing on School partnerships

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| <ul style="list-style-type: none"> • Key note speaker looking at links between health and academics <ul style="list-style-type: none"> ➤ Lindsay Hughes – University of Delaware <ul style="list-style-type: none"> • 2017 4-H Youth Adult Partnership Conference • November 10-12th 2017 • Atlantic Sands Hotel, Rehoboth Beach, DE ➤ Maria Edgerton <ul style="list-style-type: none"> • Sussex Academy (SAS) pool opening to the public on March 1st ➤ Sussex County Health Coalition <ul style="list-style-type: none"> • New location is up and running • Sterling Square Center – across the street from Sussex Academy |
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Adjourn

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| SCHC Updates |
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| <p>NEXT Meeting:</p> <p>3/8/17 - YESO Committee Meeting @ Easter Seals Speaker - Girls Inc., Arlene Torres Topic - Bullying policies Patricia Ayers</p> | <p>9:00 to 10:30</p> | |
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