



Health Committee Meeting Minutes
April 25, 2018
8:30 am to 10:00 am
Easter Seals Office, 1st Floor Conference Room
22317 DuPont Blvd., Georgetown, DE

The Mission of the Health Committee is to positively impact and promote healthy outcomes for children and families through collaboration with key health community partners, that empower families to live healthy lifestyles.

Meeting Called to order by Carrie Snyder. The committee members introduced themselves. Minutes were reviewed, minor change submitted. Motion to approve the minutes by Carrie Snyder, motion to second by Mary Johnson. Minutes approved with minor changes.

Cheryl Doucette thanked the committee members present for attending this meeting, everyone has lots going on. Cheryl also asked the committee members to read minutes prior to coming to the meeting, if you have any changes or corrections, please submit to SCHC prior to the meeting. August meeting, we will no longer have minutes at the meeting. Archive copies can be found on the website: HealthySussex.com/org.

Attendees: Attendees: Catherine Murphy, Carrie Snyder, Jere' Hutson, Quiana Dorn, Karen Marsh, Mary Johnson, Richard, Holaday, Lisa Schirtzinger, Danniell Hicks, Crystal Fensick, Denicia Youmans, Deb Campbell, Bhavana Viswanathan, Nancy Mears, John Richter, Angeline Dewey, Tiffany Edwards, Ray Fulkrod, Christine Wands, Maddy Shea, Demetris William, Andy Brittingham, Debbie Pringle, Lauren Voss, Jessica Read, Allison Green, Peggy Geisler, Cheryl Doucette, Lisa Coldiron, Nancy Burris

Action Items:

- Angel Dewey send a copy of today's power point presentation to share with full committee.
- Angel Dewey will put together a one-page summary document of the new Bay Health Sussex Campus, SCHC will share with all partners.
- SCHC will send a speaker confirmation to Ray Fulkrod. DONE
- Invite Jen Donohue to speak at a future Health Committee Meeting. SCHC/Ongoing
- Tiffany Edwards will share update with SCHC. Done
- Tiffany Edwards will look into free sun screen.
- HPV follow up, webinar available, 9 available seats, Richard Holaday to send registration information.
- Debbie Campbell will share a flyer on the upcoming free health screenings event.
- SCHC to introduce Bhavana, Family Shade to Dr. Jordan Weisman, AmeriHealth. On Going

Guest Speakers: Angel Dewey, MSN, RN, APRN, ACNS-BC, CCRN, CNRN
Bay Health Director, Education Department
Phone: 302-744-7188; Email: angeline_dewey@bayhealth.org

- Classes offered: hello baby, infant care, gift of motherhood, birth tours, safe sitter, infant CPR – free. Working with teen mothers. How can we start having conversations with parents about abstinence from drugs while pregnant? Baby friendly hospital, breast feeding.
- Grant from American Lung Association, to fund quit smoking classes. Respiratory, tobacco cessation-transitioning to DE Quit Line, Better Breathers, Open Airways.

- Outreach: Step Clinics: held monthly, Smyrna/Dover/Milford/Slaughter Neck monthly lectures at Bay Health Kent campus, Dover Modern Maturity Center. Community education medication. There are lots of opportunities to help with 30-day admissions. PCPs office staff should not be directing patients to the ER. Looking to increase interest at Milford campus -- lectures cover multiple topics. Lots of room to grow.
- Outreach: Lots of Support Groups come to the hospital. Outreach to high schools, health care career introduction. Offered class: A matter of balance, free 8 class series, teaches (mostly seniors) how to avoid falls in their own home and environment.
- Project search: Bay Health is a corporate sponsor in Kent County. High School seniors with special needs, can participate in after high school graduation program to teach life skills (open a bank account, how to interview, etc.). Students can mentor with a staff person to see what their job involves on a daily basis. Some kids are offered paid positions with the hospital in Environmental services, food prep food services and other areas if applicable.

Q: Do you offer CPR for the community is it free? Yes, CPR classes are offered, cost is \$18.00 per person.

Bay Health participates in community events.

Feb 5th 2019. Milford hospital as we know it will close. All patients will be moved to the new location. Medical Office building onsite; A.I. duPont Clinic onsite, new campus will be call the Sussex Campus to establish a presence in Sussex county. Majority of the new office space is already leased. Sussex County Campus is looking to be more of a health campus concept. More wellness type, preventative. Angel will be our primary contact, Healthier Sussex County.

Note to all SCHC partners: SCHC is the perfect vehicle to share any information that you have. Promote a class, event, please send it to us.

Old Business:

Confirmed Ray Fulkrod will present on community measures required of the hospital as well as the role of care management at the hospital in May.

New Business:

HMA Readiness Assessment – pursuing working with HMA. Brief committee discussion on the projects that will be presented. BMI Pilot with Physicians and Nutritionist. Must be presented by Mid May to obtain funding. HMA process has very strict guidelines, they are willing to release funds to address a defined program. Specify the kind of impact that you would like to have. Need to have community involvement and support, SCHC has all of that. Maddy Shea’s job is to make sure that the proposal is approved the first time, May/June is the only opportunity. SCHC is working closely with Maddy to get all the components pulled together. Q: Can we modify enough to have a good fit for the community because the number of factors that need to be pulled together?

SCHC is working on a needs assessment, data is already available (using last 10 years data). Especially in the African American and Latino communities. We can’t get people into these programs, but people are entering into chronic disease areas. State agencies and hospitals have done the needs assessment, SCHC is using committees to work through the issues.

Clients offer programs, but classes are not full. Healthier Sussex Task Group has a physician driven approach to work with patients with a high BMI. Physician leads the educational component, have nutrition access, and worksite wellness. Programs don’t get full, or attendees don’t stay the course. We need to pivot and look to a new direction. Stay away from pilot or best practices. Look at policy systems change. What does it look like if we involve a physician, are goals more achievable in a group, like weight watchers? Provide support on the

mental health piece, could that move the needle? Does the environment support mental health issues to be addressed to reduce pre-diabetes and obesity issues?

Doctors, staff need to be educated where can they find the right codes, to justify bringing a patient back in? Most doctor offices don't have a staff nutritionist. Work with patients that want to be part of the program. Key factor, eliminate barriers, provide transportation, healthier foods. We need Del Dot at the table to look at the whole system. Mental health is a huge component. Dr. Rehar is a great resource, have a conversation with doc: here is what we are looking for, can you help us? How do we bring the 3 hospitals together? Health Coach model is a great idea, have Rita train other physicians from the 3 hospitals. Make sure the program can be duplicated, need the same resources. Is health coaching billable, yes.

Be realistic about the model we want to use, science-based approach. Start working with the small group to pull the pieces together. Where can we get the most patients as soon as possible? Let's try a pilot/prototype. Can we offer vouchers for transportation? Worksite Wellness to absorb the cost of classes. Once we get something going, it can be tweaked and duplicated. Diabetes prevention training program. Medicare is now paying for prevention and education, targeting obesity, pre-diabetes. Can be already diagnosed with diabetes. Stamford program, is a good model. Take something proven and show how to make it better. So many classes are only available in the daytime. Mary Johnson, can teach classes at night. People don't want to do the work. If you are thinking about millennials, needs to be convenient, here and now, work through social media platform. Create different groups, virtual support. People want to be on their phones, not at a computer. Look at the delivery mode and how people want to learn, how do you want to receive the information. Ask the population. Mode of delivery is important.

Are there existing best practices that can be modified and used immediately? Program would have to show sustainability. What the group thoughts?

Nancy Mears: we need to address these issues, physicians can't handle the load themselves. We have community partners that have the resources. Physicians should be doing this as a standard of care. Ray Fulkrod suggested to define the objective. Then send to Health Sussex Task Group. Dr. Rehar, can the task force bring together.

Drug Free Communities, Seaford goes Purple Update. Prevention awareness in a more holistic way targets high needs areas in Seaford. Deep Dive of assessment in Seaford area. Treatment intervention and support to see where we may need to.

Cancer Consortium Update, Tiffany Edwards:

Delaware Cancer Consortium Early Detection and Prevention Committee Update:

- Cancer screening guidelines were recently updated for Screening for Life program in order to be better aligned with the recommendations of various organizations such as the USPSTF, American Cancer Society, and American College of Gastroenterology.
- Work being done to raise awareness among the public and providers for lung cancer screening. It is estimated that 32,000 people in Delaware are eligible for this. In 2017, 2,602 screenings were completed. 39 lung cancers were identified and 19 were classified as stage I. Data will be collected on each patient for 3 years. Goal is to identify lung cancer earlier.
- HPV vaccine will not be mandated at this time. The focus will be on provider and parent education. DPH to lead initiative. American Cancer Society will be launching HPV Cancer Free Campaign. Focus more on cancer prevention and less on how it is transmitted. The HPV vaccine prevents 90% of HPV-related cancers and it underutilized.

- May is Skin Cancer Awareness month. There is a need to educate the public on how to identify abnormal lesions and contact their primary care provider for evaluation and referral to dermatology when needed. There are many resources available online for healthcare providers and patients. Brochures are available as well, if interested let Tiffany know. These are links to online resources for skin cancer:

<http://www.protectyourskinde.com/>

<https://www.healthylaware.org/Individuals/Cancer/Skin>

<https://www.cancer.org/latest-news/how-to-spot-skin-cancer.html>

<https://www.aad.org/public/spot-skin-cancer/learn-about-skin-cancer/types-of-skin-cancer>

Looking at revising some of the cancer screening guidelines.

Lung cancer screenings, 9 million Americans are at risk, find in the early stages. 32,000 people are eligible for screenings in DE, these people are followed for 3 years.

Mandating MPD vaccine, focus on education of parents and providers, vaccine has been out for 8 years. Work on social media to education, no bases for people to be concern about side effects. This is not a shot to prevent STD prevention, cancer prevention shot. 2011, males were recommended to get the vaccine as well as females.

Skin Cancer screenings, May, love your skin campaign will be launched. Only 16 dermatologists in the state of DE. Educating the public on what to look for, teaching people what to look for, see PCP provider, lots of avenues for education. Educate primary care providers, wellness exam. Doctors have the opportunity to provide education and talk about skin cancer.

www.ProtectYourSkinDelaware.com is a good resource.

Partner Updates:

Carrie Snyder: NAS Babies, DFS worker is focused on working with substance abuse moms, active using moms. Consistence results because of the DFS worker. Plan of safe care discharge, hospital, mom, patrician. DFS will open up all cases of positive drug use including marijuana, this is new. So many positive marijuana cases, DFS will be contracting these cases out. Collecting data now, get them involved with home-based visitors. Beebe and Connections are working together with a pregnancy group. Goal: keep the baby safe.

Telamon, U of DE, Epworth, First State Community Action, SCHC, developmental screenings for the little people. Last night was our first event. Bi-lingual classes offered, income-based attendees. Attendees referred from Telamon. Bringing the right partners together to benefit the community.

SCHC April Quarterly meeting message, Drug Free Communities, going to the people, meet people where they are.

Oral Health & Dental services, May 2nd, Duncan Center in Dover. Family Shade. Oral health and physical health. Adults and kids, new services, vision and dental, prevention focus. Invite him to speak to all SCHC committees. Highmark members can request to change, make sure benefits are reviewed.

Nanticoke Hospital: live for Chocolate, May 5th, fun event.

Meeting Adjourned:

Next Health Committee Meeting: May 23, 2018, 8:30 am to 10:00 am.