



Health Committee Meeting Minutes
March 28, 2018
8:30 am to 10:00 am
Easter Seals Office, 1st Floor Conference Room
22317 DuPont Blvd., Georgetown, DE

The Mission of the Health Committee is to positively impact and promote healthy outcomes for children and families through collaboration with key health community partners, that empower families to live healthy lifestyles.

Meeting Called to order by Carrie Snyder. The committee members introduced themselves. Minutes were reviewed, minor changes submitted. Cheryl Doucette asked the committee members to read minutes prior to coming to the meeting, if you have any changes or corrections, please submit to SCHC prior to the meeting. August meeting, we will no longer have minutes at the meeting. Archive copies can be found on the website: HealthySussex.com/org. Motion to approve the minutes by Ericka Sample, motion to second by Patti Burke. Minutes approved with minor changes.

Attendees: Carrie Snyder, Anna Short, Catherine Murphy, Brinn Rodriguez, Patricia Ayers, Barbie McDaniel, Quiana Dorn, Karen Marsh, Ericka Sample, Bobbie Fisher, Richard Holaday, Ramona Pickett, Juanita Mireles, Patti Burke, Danniell Hicks, Crystal Fensick, Bhavana Viswanathan, Mark Taylor, Ari Mannan, Jere Hutson, Dewayne Phillips, Ana Vargas, Christine Farmer, Lindsay McClanathan, Peggy Geisler, Cheryl Doucette, Lisa Coldiron, Nancy Burris

Action Items:

Mark Taylor:

- send SCHC digital copies of handouts
- provide dates/location, number to call for an appointment for the mobile doctor office van.
- send information on the next open enrollment, April 19th.
- will research having a clinical staff person present at an upcoming meeting.

SCHC to connect Danniell Hicks and John Richter.

SCHC to have Mark present at a future BHTG meeting.

Ericka Sample will create a one page did you know ... please remember ...document and send to SCHC for distribution.

Ericka/SCHC/Carrie to brain storm how to education primary care staff with Crisis Intervention as an alternative to an ER visit. Update the afterhour doctor office recording to refer to Crisis Intervention Services as well as call 911.

SCHC to invite ER directors to present at a future meeting.

Share options with hospital CEO's at a future meeting (August?) Healthier Sussex Task Force

Peggy will work on templates for work site wellness, lunch and learn program with mental health piece to submit for HMA funding.

Conference call needed with partners to discuss pilot project with Beebe and Bay Health.

SCHC to research Mr. Mole to see as a possible presenter to this committee.

Peggy to send a matrix to Catherine Murphy on proposed obesity/diabetes/mental health pilot so we can apply for HMA funds.

SCHC/Patricia Ayers to work on mobile application.

SCHC will work to solicit state funds to continue All Methods Free/Upstream program.

Cheryl to introduce Jere Hutson to Cat Lindroth/Sarah Moore.

Guest Speaker: Mark Taylor, Community Outreach Specialist

Phone: 302-994-2511 Ext. 4598; Email: mark.taylor10@va.gov

Mark shared brief bio. His job is to inform and connect Veterans to services. His job is to connect everyone on the health care side. Mark will do his due diligence everywhere. He goes anywhere to try and reach to the veterans. Vet's don't realize they have benefits available to them. Veterans Administration is making strides to get better. Wilmington office services all of Delaware and southern New Jersey.

- Every veteran should enroll with the Veterans Administration regardless if they need to use the services now or later. The Veteran's Administration receives funding based on the number of Veterans enrolled.
- The enrolled Vet does not have to access any services from the Vet Hospital. If Vet has a primary care physician, they can continue to use their current provider.
- Vet benefits can be considered primary insurance provider or secondary insurance after private insurance. Veterans now have choices.
- A Vet can use these benefits to pay for glasses, hearing aids.
- If you served 2 years or more (as of 1980), you are eligible for health care benefits.
- Before the new Georgetown facility opened, if you live in lower DE, you had to drive 2 hours to the Veteran's Hospital. The CBot facility in Dover, Georgetown and new outreach centers in New Jersey make it easier for a Vet to obtain medical services
- The new Georgetown is a huge benefit to the community. This site can handle all aspects for the Vet ... Primary care providers, Behavioral Health, Medication Management, triage benefits.
- Providers should ask if the person is a Vet, and do they have benefits?
- Recent open enrollment held at Greenwood, DE. 70 Vets came to the open enrollment, Mark stated this was a very successful event. Helped vets get enrolled for services. Next community event will be April 19th, Longneck American Legion (4th largest American Legion in the country). Mark is committed to helping educate Vets on their benefits and helping them enroll.
- The Vet Center also has a mobile medical van (portable medical office with onsite doctor). Best to make a scheduled appointment at the mobile van, but they to take walk up customers.
- Mark and John Richter work closely together and travel in the same areas. (John works on the Vet Center side, mental health benefits for Vet and Family).
- Please contact Mark if you would like him to attend your event.

Cheryl shared a personal story, husband was a Vietnam Vet, he didn't deploy but was told he had no benefits. Husband has full benefits BECAUSE he is a Vietnam Vet, health care for life. Don't assume you don't have benefits.

Guest Speaker: Ericka Sample, Director, Crisis Intervention Services, Southern Delaware

Phone:302/424-5561; Email: Ericka.Sample@state.de.us

The Division of Substance Abuse and Mental Health (DSAMH) provides for a range of crisis intervention services, including assessment, short-term counseling and more intensive services for Delaware adults who are pursuing recovery from mental illness and substance use issues.

Crisis Intervention Services staff offer 24-hour response to people experiencing a crisis or worsening of symptoms of mental illness or substance use anywhere in the State of Delaware.

Ericka shared stats from for Southern DE for the month of February:

- 35 face to face contacts; 4 substance use related; 5 aged 62 or older.
- 33 crisis responses in the community, 0 scheduled appointments, 2 Walk-ins, and 0 Bridge appointment.
- Law enforcement calls to MCIS:
 - ✓ 0 – Military
 - ✓ 6 – Troop 3; 4 – Troop 4; 1 – Troop 7
 - ✓ 4 – Dover PD; 1 – Milford PD; 1 – Selbyville PD; 2 – Bethany Beach PD

19 Law enforcement calls, no military contact in February. They don't have must involvement with military. Kent Johnson, Vet Administration is the contact person for veteran referral.

Q: Can all individuals access crisis center for mental illness or substance abuse, yes, both.

Q: How can SCHC help you to be more visible and would that be a benefit? Crisis Intervention Services is 24/7, if we can guide people to Crisis Intervention instead of the ER (what is the cost per visit based on the ER standard patient work up?) that will free up ER staff, resources and beds.

- Campaign to educate providers, partners that the Crisis Intervention Services may be the first line of assistance instead of the ER.
- SCHC partners help promote Crisis Intervention Services. Let's work on education.
- ER staff is not equipped to handle mental health, behavioral health issues. The general population believes that ER/Hospital will have all of the answers.
- Crisis Intervention Services does not have any bi-lingual staff. Peggy, offered assistance with connecting Spanish speaking individuals to Crisis Intervention (possible funding through Arshat Cannon). Beebe has staff that are bi-lingual, and they are looking for ways to utilize the staff to assist other departments as needed (Peggy suggested Zoom). Zoom is being used in the schools to share resources providing immediately translation services. We need to be thinking about the Hispanic and Creole population. How do we increase services for Latino population?
- Invite ER director to come to a future meeting? Have the hospital CEO's in the room, after planning meeting to present solutions. August meeting, Healthier Sussex County task force meeting agenda?

New Business: Peggy Geisler, Healthy Neighborhoods Initiatives,

Big focus on obesity issues, diabetes. Looking to have a physician driven initiative. There is a physician at Beebe, willing to do a support group in his office, identify, patients that are obese, diabetes. Doctor would guide "course work" then have other partner's share in the education. SCHC offers work site wellness classes, Lunch and Learn. These classes are free. They offer options for people to be educated, and exercise. If we do not see the success from these programs, does the committee think that if a mental health provider is part of the education would there be an increase in program success? Without the mental health piece, we may not be addressing the right issue of why people have an emotional relationship with food. Beebe Hospital will run one pilot with a mental health provider and Bay Health Hospital will run a pilot without mental health discussion. Review the data on the outcomes of each pilot and duplicate the pilot program with the most success. The committee was open to two pilot programs. Peggy stated funding process from HMA needs to start now. She will work on the template. Program needs to be up and running by end of September 2018. Current worksite wellness funding will end June 2018. Peggy is looking for additional funding.

Dr. Faccialo, Beebe provider (Carrie Snyder), has a nutrition focus with her patient and has a local office in Georgetown. Lisa Coldiron talked about Mr. Mole (functional medicine), research as a possible presenter to a future meeting.

Peggy to send a Matrix to Catherine, so we can go to consortium and apply. HMA is launching in Kent already.

Partner Updates:

Jere Hutson was asked what is CPSU? Community Partner Support Unit, partners can help their clients enroll for benefits. Social workers also go to local libraries to assist the community enrolling for state benefits.

Patricia Ayers, Dept of Education. Mobile app is ready to go, but on hold working with the department of health.

Dewayne Phillips, new to the committee would like to attend as much as he can, serves Medicaid population.

All Methods Free including UpStream program will end June 2018. SCHC to start advocating for state funds to keep programs that are working. Funder is not interesting in continuing funding this program.

Carrie Snyder, new OB/GYN office will be training in April on postpartum issues especially with the high-risk population.

April 4 Family Shade networking breakfast in Dover. Dr. Contee, Dental Director for the state, is hosting a May membership panel, May 2nd, Duncan Center, with Family Shade. Oral Health and physical health. Reach the kids that are getting health benefits that may not be getting dental benefits.

Drive thru Flu Clinic, will be duplicated this year. October 9th. Very successful last year. Drive thru clinic will be at Shipley State Service Center.

SCHC: Partner list is 192, we actively work with on a monthly or quarterly basis; over 600 members.

Please bring business cards to any SCHC meeting, great networking opportunity.

Meeting Adjourned: Next Meeting will be April 25th.