



Health Committee Minutes

May 23, 2017

The Mission of the Health Committee is to positively impact and promote healthy outcomes for children and families through collaboration with key health community partners, that empower families to live healthy lifestyles.

Subject	Health Committee Meeting	Dates	5/24/2017
Facilitator	Peggy Geisler	Time: Start	8:30 am
Location	Easter Seals	Time: End	10:00 am
Room	1 st Floor Conference Room		
Address	22317 DuPont Blvd., Georgetown, DE 19947		

Agenda

	Topic	
	<p>Attendance: Crystal Timmons Underwood, Cheryl Doucette, Peggy Geisler, Patricia Clear, Megan Williams, Nancy Mears, Richard Holaday, Patti Burke, Christa Mason, Sue Snider, Ana Vargas, Carrie Snider, Ray Folkrod, Debbie Campbell, Quiana Dorn, Lindsay McClanathan, Diana, Polly Pusey. Christa Mason, Juanita Mireles, Ashley Cook, Tiffany Edwards, Sue Snider, Allia Azab, Isabella Delario, Diana Agnetti, Midline Estimable</p> <p>April Minutes were reviewed Polly Pusey Made a motion to accept the minutes, and Megan Williams made a second to the motion to except the minutes with no changes.</p>	
	<p>Guest Speaker – University of Delaware – Dr. Sue Snider</p> <ul style="list-style-type: none"> ○ Sue Snider spoke about the program called EFNEP which targets to low income individuals and families with Children in the home 18 and younger. It could be anyone that is taking care of a young person. ○ They do a series of five different programs: ○ How to go shopping ○ How to read labels ○ Health food options ○ They are interested in partnering with any organization and they would provide the series. <p>The second part is SNAP ED funding.</p> <ul style="list-style-type: none"> ○ This program is very similar it is more centered on the individuals ○ They try and make the receipts easy and the bring food samples. ○ Hosting partner does not need to have kitchen facilities; they bring everything with them to prepare the meals. ○ All these programs are offered in Spanish. 	

- They serve 50% or below poverty
- For more information, you can contact the Coop Ext Office: 302-856-7303
- They are very limited by the funding source on what U of D could do and what they are not allowed to do.
- Peggy suggested that they partner with one of the Health Care systems to go in and work together to take a Pre-Post Health Testing like BMI, Diabetes, etc.
- They are working on targeting business in Sussex County that employe that demographic of their grants.

Group Discussion – Follow up from Sussex County Health Systems Implementation Plans

Review from last Month:

- How do we increase screenings in our Community?
- C.O.P.E. Van - Brandywine Counseling (funded for two years)
- Women’s Mobile Health Van has expanded the services they offer – Glucose, Cervical, Blood Pressure, Cholesterol and Mammography (van can reach vulnerable populations easily)
- Visit **Healthydelaware.gov** website to find information for the new guidelines on Prostate Screening.
- Tiffany Edwards offered to serve as a liaison between the Health Committee and the Delaware Cancer Consortium. She will share all messaging and new campaigns related to screenings.
 - They have 6 goals for early detections and preventions. They have a specific time frame of when this can be done. The next meeting is in July.
- Continue to promote breast, cervical, colorectal, lung and prostate cancer screening.
- Provide HPV Vaccine to girls, young women, boys and young men ages 9-26.
- Provide Mobile cancer and other health screening services to include mobile mammography, cervical cancer screening, hypertension screening, and diabetes screening services as well as health education in target areas.
- Identify barriers to obtaining cancer screening and develop programs/services to assist in elimination barriers to screen at-risk populations and underserved communities.
- Analyze data in cancer screening databases.
- Inform and educate healthcare providers and public on available resources for screenings.
- Healthydelaware .gov has a list of all the screenings; patient education, brochures, etc.
- How do we as a coalition make sure that people know what age it is time to get a screenings? How do people in the community know? How can this information be circulated?
- Most of the people that are not eligible for SNAP or are undocumented are eligible for screening for life. The application is on the healthydelaware.gov site.
- Midline Estimable and Debbie Campbell are meeting afterward to discuss the screening for life. They will report back to the committee on this discuss.

Brainstorming Session:

- Substance Abuse – Synergy between Health and Mental Health
- Healthier Sussex County Task Force met in May 2017 with all the Health Care Systems, La Red, DSAMH, Connections, and Thresholds.
- How can we work together to continue work in collaborations around recovery coaches?
- How do we embrace families with NAS Babies that are being born at each health care

location? The numbers are increasing at a large rate.

- How do the cliental setting work around this? An average NAS baby will stay an average of 12 days.
- Looking at the cost and amount of resources that goes into the NAS babies.
- How are we embracing these woman and Children and how hard it is to navigate around the healthcare system to have the best oppourtunities for success.
- Some of data for Over Does Deaths
 - Over doses 228 in 2015
 - Over doses 308 in 2016

We need to focus on the clients with NAS plans around the high- risk babies.

NAS babies that are born at Nanticoke

- 2014- 16
- 2015- 17
- 2015- 30

NAS babies that are born at Beebe

- 2014-39
- 2015-53
- 2016- 35 (different classification methodology started this year)

Opioid OD (statewide)

- 2014 – 222
- 2015 – 228
- 2016 - 308

- Patti Burke said they are working on a Safe Sleep video that Mental and Child Health.
- We are trying to do cross pollinate around the NAS babies with all our committees.
- The next Behavior Health Committee is June 23rd, 2017

Chronic Health Concerns

How can we improve the issues where we have classes but people are not filling the classes?

How can we as a coalition improve the attendance of the classes.

- Life style change must be wanted
- How do we get the message out?

Intergrade wellness in all opportunism. All health matters.

How are we engaging clients when they walk in and giving referrals?

If we are not filling these classes then the classes are not at the right time, right locations, or do not have the information to go to these classes.

What is the best way to get the word out? How do we share social media information so people get stay connected or direct people and link them to services and resources?

	<p>We need to put everything in one source. One structured areas.</p> <p>– Diabetes</p> <ul style="list-style-type: none"> ○ How do we support the work of our local Physicians? ○ What are the Barriers? (for Physicians and Patients) ○ How can we help educate the community? ○ What is our Strategy? ○ Do large scale Health Fairs really give us the outcomes we want? <p>Looking at this from a systems approach, how can we affect changes in the System?</p>	
	<p>Updates/Announcements</p> <ul style="list-style-type: none"> ○ Tuesday June 6th at 6 pm at Seaford Central Elementary School, Tiffany Edwards will present a Public work shop. ○ Tuesday June 20th, Promoting Oral Health, 9am – noon, Adam State Service Center ○ Friday June 9th Cooking from the Summer Garden Lunch and Learn from 12-1 pm ○ La Red is having their 4th annual Health Walk and Health Fair on June 24th from 10 – 2pm at the park in Seaford. ○ Vita is having a health fair at July 8th at Western Sussex Boys and Girls Club 	
	<p>Adjourn</p>	
	<p style="text-align: center;">Upcoming Meetings:</p> <p style="text-align: center;">June 28, 2017 – Easter Seals, 22317 DuPont Blvd., Georgetown</p> <p style="text-align: center;">****No JULY Committee Meetings****</p> <p style="text-align: center;">August 23, 2017 - Easter Seals, 22317 DuPont Blvd., Georgetown</p> <p style="text-align: center;">SAVE the DATE for our next SCHC Quarterly Meeting July 20th, 2017.</p>	