



**Health Committee Minutes  
February 22, 2017**

The Mission of the Health Committee is to positively impact and promote healthy outcomes for children and families through collaboration with key health community partners that empower families to live healthy lifestyles.

<b>Subject</b>	<b>Health Committee Meeting</b>	<b>Dates</b>	02/22/17
<b>Facilitator</b>	Peggy Geisler (410-310-5969)	<b>Time: Start</b>	8:30 am
<b>Location</b>	Easter Seals – Georgetown	<b>Time: End</b>	10:00 am
<b>Room</b>	Large Conference Room – First Floor		
<b>Address</b>	22317 DuPont Blvd., Georgetown, DE 19947		

**Minutes**

**Topic**

**Attendance:** Patricia Clear, Patti Burke, Fredeline Menard, Nancy Forster, Christa Mason, Midline Estimable, Nancy Mears, Richard Holaday, Carrie Snyder, Pat Ayers, Mary Johnson, Tiffany Edwards, Kelly Janowski, Jo Allegro-Smith, Beth West, Phyllis Guinivan, Bhavana Viswanathan, Donna Snyder-White, Sharleen Ramirez, Wendy Polk, Peggy Geisler, Denise Bell, Cheryl Doucette, Debbie Campbell, Dr. Nick Conte, Jae Chul Lee

January minutes were reviewed. Patti Burke made motion to accept minutes, and Mary Johnson made second to the motion.

● **Guest Speakers**

▪ **Dr. Nicholas Conte, Jr. DMD, MBA, Dental Director, DHSS  
Bureau of Oral Health and Dental Services**

- Dr. Conte shared with group the Mission, Vision and Goals for all Delaware residents:
  - protect and promote the oral health of DE residents
  - would like to see all DE residents have resources to receive dental care
    - improve access to care for families
  - decrease the burden of oral disease
  - hope for all DE population to achieve oral health prevention, education, and appropriate treatment
- Dr. Conte would like community partnership to tackle current key issues:
  - prevention
  - find children a dental home
  - adult financing (no adult dental Medicaid)
  - geriatric oral health
  - dental workforce needs increasing – lacking dentist in DE
  - oral cancer prevention and detection
    - head and neck cancer can be detected by a few simple procedures while at dental appointment

- Dental services offered in DE:
  - there are 5 state funded clinics in DE
  - sealant programs offered in schools (Seal – A – Smile)
    - mobile dental unit goes into schools with focus on 2<sup>nd</sup> grade
    - during the 2014-2015 school year, visited 29 elementary schools
    - screened 452 - 2<sup>nd</sup> graders
    - 343 students received one or more sealants
  - Give Kids a Smile Program
    - free dental care for low income children on a selected date in Feb.
    - saw over a couple of 100 children February 2017
  - Special Smiles
    - Special Olympics sponsors program at June U of DE state games
  - oral health educational resources
  - Oral Health Coalition
- Dr. Conte would like to partner and collaborate with the Health Committee.
  - need early detection/early screening
    - would like to be more involved in the schools
    - bullying of kids with teeth issues a problem
- Peggy stated that we look at dental as separate health care, need to look at as a whole.
  - physicians need to ask about dental care during routine doctor appts.
  - Dr. Conte stated that schools are starting to integrate the two
- Patti and group would like to partner with Dr. Conte regarding pregnant women and dental care.
- Patti stated that the DE Health Coalition Initiative will be April 4 – will send info.
- Cheryl and Patti working with Dr. Conte to bring another Oral Health training to Sussex County.
- Cheryl asked Dr. Conte for power point. Cheryl will share with group.

▪ ***Phyllis Guinivan and Bhavana Viswanathan***

***Family SHADE (Support and Healthcare Alliance Delaware)***

- Phyllis stated that Family SHADE is a collaborative alliance of family partners and organizations committed to improving the quality of life for children and youth with special health care needs by connecting families and providers to information, support, resources and services.
- Family SHADE guides families through the first difficult steps after a diagnosis, by connecting families to resources through their website, their mobile app and toll free number.
- Family SHADE website is [www.familyshade.org](http://www.familyshade.org)
  - user friendly
  - share with families new to the area
  - offers resource database
  - offers a road map to services
  - shares upcoming events and activities
- Throughout the year networking breakfasts are held in each county to bring families and community together.

- Technical assistance and workshops are offered – most are free:
  - use of social media
    - have free educational mobile app – Healthy Transitions
    - for young adults 14 and up with special healthcare needs
    - videos and interactive games to help build skills that are a necessary part of independent adult life – videos features young adults in real life scenarios, including healthy lifestyles and healthy relationships.
    - app offers insurance information
  - writing grant proposals
  - workshop on March 27: Physical Activity for Children with Special Healthcare Needs
- Family SHADE offers an Information Line 1-855-755-SHADE (7423)
  - staffed from 9 am – 4 pm, by parents of children with special healthcare needs
- Nancy asked how Family SHADE got started. Phyllis stated that SHADE originated from Maternal Child Health Grant. Looked at results and realized need to bring families and community together to share information and resources.
- Peggy asked if there had been analysis between the three counties. Phyllis stated that most of the focus is upstate, but trying to branch out and trying to included Spanish population.
  - Phyllis will look into it more and will let Peggy know the outcome
- Peggy discussed the mental health issues in the schools and asked if SHADE reaches out to the schools? Peggy would like for the school counselors to pass Family SHADE information onto parents.
- Peggy would like to work with and collaborate with Family SHADE more.
- Phyllis will send Cheryl power point to share with group.

● ***New Business***

▪ ***Diabetes Self-Management Program (DSMP) Lay Leader Training***

- Midline stated working on lay leader training for diabetes and would like partners to participate. Workshop overview was handed out.
  - do not need to be a medical professional, or medical background
  - training is free
- Kelli stated that Sussex County is highest in obesity and diabetes, and looking for help to get the message out to reduce rates.
- Lay Leader Training will be a 4 day training.....2 days one week and 2 days the following week.
- Requirements to be Lay Leader Trainer:
  - must attend all 4 day trainings
  - teach one 6 week class per year
    - will be given supporting information
    - will receive a notebook with page by page layout of how to teach Class

- Kelli encourages bilingual lay leaders, and stated that Perdue is offering tri-lingual diabetes classes.
- Group needs to decide on days in May or June for trainings.

● **Old Business**

▪ **Final Draft – Diabetes Resource Packet**

- Information sheet was handed out for final review and asked for feedback.
  - add the area that the resources that are listed serve
  - add pre-diabetes classes are offered at Nanticoke
- Cheryl stated that next month's meeting will be hosting the four area hospitals and will be discussing Health Needs Assessment and how we can work together. Would like to hand out diabetes packet at meeting.

▪ **Who are we missing?**

- Last meeting Midline asked group who could we invite to the table for future meetings:
  - suggestions were Bay Health, Nemours/Dr. Lehman, Connections, Camp Rehoboth, Pharmacies, DE Pharmacy Society, Jewish Community
  - Crystal would like to invite Home Health Care Providers
  - Anna suggested PRMC and Atlantic General
  - Nancy stated that a rep from DE Libraries used to attend. She will touch base to invite
  - Phyllis suggested to make contact with Tim Cooper from Public Health to discuss a care plane for those with disabilities in case of an emergency and what needs are in different areas. Phyllis will send Tim's contact information.
- Cheryl stated that these organizations need to be invited. Any suggestions on how to reach out and invite, please let her and or Midline know.
- Another stated that Bay Health and LaRed needs to be at the table.
  - Fredeline brought up issue of trying to get response from LaRed. She stated that she waited on the phone for 1 ½ hours to make an appt. for one of her patients. Was very frustrating. There have been other similar complaints.....won't answer phone, or put on hold and never come back. Suggested to contact Brian Olsen.
  - Cheryl stated that as advocates for our community, we all need to stand up and speak our concerns

▪ **Next Meetings**

- March meeting will be held on March 22. This will be a "special meeting", hosting four area hospitals discussing Health Needs Assessment and how we can work together. Plan on meeting running longer.
- April meeting will be held on April 26. Guest speaker from Pharmacies.
- SAVE the DATE: The next Quarterly Meeting will be April 20<sup>th</sup>, 2017.
- May meeting will be held on May 24. Guest speaker discussing HIV.
- June meeting will be held on June 28. In need of a guest speaker. Contact Cheryl with suggestions.
- July.....no meeting due to summer vacations.....enjoy!!!!

● **Updates**

- Wendy stated that Nanticoke will be holding health fair on March 18, at the Laurel High School from 9:00 – 1:00.
- FYI.....this is Colon Cancer Awareness Month. Is it time for you to be tested? If so, now is a good time to schedule “that” test!!!
- Richard stated that he is working with Anna Short to bring in another APN to Seaford Public Health so to expand services to 3 days a week.
- Cheryl reminded everyone to sign in and asked to make sure that your information on the sign in sheet was correct. If not, please mark with red pen.
- Cheryl also informed group that after meeting is over, we tend to talk a little too loud and is disruptive to others in the building that are meeting and working. Please pay attention and speak a little softer.
- Peggy had 3 items:
  - next two meetings need to carve out some planning time
  - would like to start taking everyone’s organization and list your name and organization on web as being present at meeting.
  - will put your information on Facebook

**REMINDER:**

**Health Committee will start 2017 meeting at Easter Seals in G’town, located on Rt. 113, from 8:30 – 10:00.**

Adjourn

**Next Meeting**

March 22, 2017, 8:30 – 10:00, at the Easter Seals Building, Georgetown, located on Rt. 113

Remember to Like us on Facebook at [Sussex County Health Coalition](#)

and connect with us on Twitter [@Healthy\\_Sussex](#)

Please share any information about upcoming events and success stories with us.

We are always happy to share information about upcoming events and promote your agency on social media.