

SUSSEX COUNTY HEALTH COALITION

Sussex County Drug Free Communities Initiative

July 9, 2020

1:00pm to 2:15pm

Virtual Meeting via Zoom

Meeting Minutes

Action Items

- Kathryn to share data updated statistics/data sheet (done)
- Judy McCormick (Delaware Council on Gambling Problems) to share stats from DE School Survey and YRBS on correlating gambling with these and other risk behaviors if you want them (email her directly)
- Crystal to push out the Delaware Goes Purple survey again (done)
- Crystal/Kathryn to connect with the Rural Health Subcommittee of the Governor appointed Overdose System of Care. (done).
- Kathryn to link with Theresa from Connections tbuchanan@connectionscsp.org (done)

17 Attendees

June meeting minutes were approved unanimously with a motion to accept by Monica Shockley-Porter and a second by Jenna Montalbano.

Current Drug & Alcohol Statistics in Sussex County

Data Updates (statistical data sheet will be shared)

Large population of kids living at or below the poverty level around the age of middle school

Numbers greatly increase from middle school to high school

Lacking prevention styled programs

Spikes in mental health issues that coincide with drug and alcohol issues

1:30 New Business

Update on Youth voice for Sussex County

Listening to our youth

Prevention – YESO Youth Panel notes:

Time management challenges

Socially hard, but good for quality time with family and those they live with

Social media, political, friend rifts, causing wedges in between groups and friends

Concerns over people not taking proper precautions

School is like a separate, getaway, worrying about the mental health of those who needed that escape from unpleasant home life

Exacerbating already existing mental health issues, not having a great home life or unstable/unhealthy home places

Increase in substance use, posting about drinking, smoking weed, etc. – bragging across social media

Need to see more mentorship-based programs

A lot of people have potential and maybe do not come from the best family

Pollution lessons, cleanliness – seeing some positive effects due to COVID restrictions

More groups, when the youth comes together, more of a community and feeling of care and love

Messaging – real life examples, how to get good or bad outcomes – consistent, quick hit messaging

Connectivity from the people that have been through it, real life connection, their stories, recovery stories



Prefer to read something versus watch something – quick tips over a video recording

Social media – advocacy posts

Infographic – addicted during quarantine, swipe to read more tips

Find a way to appeal to them, Tik Tok, Instagram, quick hit messaging

Entertaining way with messaging

Adult perspective to help their peers– do not be afraid to be passionate

Check-in with people

Share mentors

Stand your ground, what you believe in – don't be afraid to stick up for yourself

Sometimes it does mean losing friends and people, but do not be afraid to

Reach back to those younger than you that need to hear your voice, strength and they need to know that they can make it, they can make good decisions.

Survey Results & Discussion

Delaware Goes Purple 2020 Toolkit

Businesses

Nonprofits

Individuals

Developmental Assets Training

September art contest

Prevention around youth

Daniel Elkins from The CAUSE

Highmark funded grant program

Prevention mention through youth media campaigns

Talk About It – offering 3 per county, PSA media camps, to help youth develop their own messages and content around opioid epidemic and de stigmatize

Organizing to be able to offer the PSA camps from SCHC offices

2:00 Partner Updates: SSG Chris Miller national guard will be transitioning in

Meeting adjourned at 2:12pm

Attendees Matrix

1.	Cheryl Doucette	SCHC	
2.	Kathryn Burritt	SCHC	
3.	Crystal Timmons-Bryant	SCHC	
4.	Peggy Geisler	SCHC	
5.	Judith Schlott	SUN Behavioral	
6.	Brandi Niehoff	DE National Guard	Counterdrug Taskforce
7.	Karen Johnston	UD 4-H/Cooperative Extension	
8.	Katie Capelli	DPH	OHCR
9.	Theresa Gormley	Connections	
10	Daniel Elkins	The CAUSE	
11	Jenna Montalbano	AMS	



12	Kim Blanch	Beebe Healthcare	Population Health
13	Lindsey Hughes	U of D	4H Cooperative Extension
14	Matt Coyle	American Lung Association	
15	Monica Shockley Porter	Dover Behavioral Health	
16	Scott Michaels		
17	Nancy Mears	U of D Cooperative Extension	community health worksite wellness
18	Natasha Mullen	Milestones Consultants	