

SUSSEX COUNTY HEALTH COALITION

Sussex County Drug Free Communities Initiative

April 9, 2020

1:00pm to 2:15pm

Virtual Meeting via Zoom

Meeting Minutes

Welcome / Introductions / Review and approval of March Meeting Minutes

March meeting minutes were approved unanimously with a motion to accept by Karen Johnston and a second by Lynn Betts.

Attendees: Heather Davis From Meadow Wood Behavioral Health Hospital, Kaytra MacDonald from Champions for Children's Mental Health, Johnston, University of DE Cooperative Extension 4-H, Rosanne Faust DSAMH, Melody Bush FIRST /DSCYF, Lindsay Hughes-University of DE/4-H, Jennifer Morales- Contact Lifeline, Maria Edgerton Reed: Sussex Academy Aquatic Center, Alta Porterfield-DE libraries, Brandi Niehoff Delaware National Guard, Monica Shockley-Porter, Matt Coyle with American Lung Association, Kristi Handly with Delaware Brain Injury, Christine Hoeflich-Olley.

Guest Speaker:

Matt Coyle
Specialist – Health Promotions
American Lung Association of Delaware
630 Churchmans Road, Suite 202
Newark, DE 19702
Direct: 302-565-2066
Email: Matt.Coyle@lung.org
www.lung.org
www.KBGde.org

- 90 percent of his time is spent working on the Delaware youth contact and youth empowerment organizations.
- E-Cigarettes, Vaping, and JUUL- Kids do not associate these products with tobacco use. They want to try and help the youth to prevent them and to stop!
- Youth use has increased 135% in the last two years.
- The Delaware Youth Movement
 - Offer Botvin Life Skills
 - They are a train the trainer
 - InDEPTH is a nationwide program in America
 - Kids found in school with any nicotine products are required to take this course in lieu of suspension.
 - Free to anyone, including any of the school districts.
 - It is taught in 4, (50) minute long segments and is online. This allows the teachers to become certified to teach the program at the school.
 - N-O-T is a Program for youth Not on Nicotine
 - This is a new program and great for a health teacher.
 - This is to help youth stop using any of these products.
 - This is an evidence-based program and has been very successful.
 - KICK BUTTS Generations
 - 45 Minute Training online.
 - You can start a KG force in your school or organization.
- If you are having a youth led event, American Lung Association can help in several ways
 - They can help bring youth.



- They can provide prevention materials around nicotine.
- They have funding for many different things.

Navigating the COVID-19 Crisis

- Engaging with you virtually
 - What is working?
 - Cheryl Doucette shared our Matrix with everyone and went line by line.
 - Alta reported that the Libraries, Seaford, Delmar, Harrington, are trying to work on their Libraries parking lots and DE Turf to get internet in their parking lots and free WIFI.
 - Delaware.gov has a lot of great resources and all the schools
 - What systems are in place? Share COVID-19 Resource Matrix
 - There is a COVID-19 Positive hotel in New Castle is being started.
 - Please reach out to Brandi Niehoff with the National Guard she has many resources.
 - Brain Injury Association of Delaware is helping survivors and caregivers in Sussex and Kent county by offering virtual support groups. We have found that the isolation can be difficult for many of them and that they love these groups so they can share challenges, concerns, and activities that are helping them de-stress. Currently our Sussex and Kent County groups are meeting together. We normally meet 1x a month, but we are scheduled to meet 3x this month so far.
 - What are your needs?
 - Housing for homeless
 - Masks and gloves for workers
 - Barriers?
 - Food drives and people not being able to come out becomes of home bound, how can we help them?

Action Items

- **Work streams Team signup's**
 - **Community Outreach/Promoting Communicating**
 - **Sponsorship**
 - **Events**
- **Calendar of FREE Family events for 2020 – please sign-up.**
- **Youth Ambassador Program Update**
- **Connections from Today's Meetings**
 - **Karen Johnson wants to Connect with Matt Coyle from American Health Association (done)**
 - **Maria Edgerton wants to Connect with Matt Coyle from American Health Association (done)**
 - **If someone does the train the trainer and hosts any of these programs, please email Thomas.b.harris@delaware.gov (in process)**
- **Send COVID-19 Crisis Alleviation Matrix to committee (done)**

Partner Updates: Please see our Website at www.healthysussex.org to see all the weekly updates. Please send any announcements to ctunderwood@pmgconsulting.net or keliseburritt@gmail.com.

DFC Priorities Moving into 2020

- Secure a Community Speaker and School District Partner and a Youth Speaker
- Identify potential sponsors
- Begin looking at a timeline
- Next steps

Next Meeting: Via Zoom, Thursday, May 14, 2020

