

SUSSEX COUNTY HEALTH COALITION

In partnership with the Seaford/Blades Community

Drug Free Communities – Seaford/Blades
Stakeholders Meeting – Meeting #10
Nanticoke Medical Staff Conference Room
801 Middleford Road
Seaford, DE
Thursday, October 11, 2018

Meeting Minutes #11

Welcome and Introductions – Peggy opened with a thank you for Nanticoke for hosting

Attendees: See sign in sheet

Peggy called the meeting to order: 1:05

Minutes:

Kim Jones made first motion to approve minutes, seconded by Sharon Harrington – September minutes approved

Action Items:

- ✓ Invite to next meeting: Chris Coach, (Katie) Invite Parks and Rec, Invite Youth Programs, St. Johns, Mt. Olivet to our meetings to bring back a monthly community night-DONE
- ✓ Peggy: to become familiar with Gaudenzia and see if there is a Sussex area with which to expand (follow up with PMG)
- ✓ Lisa: Lynn Betts needs more sponsorship hand-outs and flyers-DONE
- ✓ Full page add in the paper – purple page thanking sponsors
- ✓ Where do we need more support for families? (For next meeting) IN PROCESS
- ✓ We need an update on drug trends – Chief K will do an update or find a Drug Detective and/or National Guard- SCHEDULED FOR DEC MEETING

Meeting Minutes:

Pauline will update on the Before your very eyes and how can we help you expand this as well as the Realty Tour

- \$3,500.00 site fee
- \$500.00 per year there after

Introductions and updates:

- Groundbreaking for new women and children's Gaudenzia site.... Kim will forward flyer invitation
- Peggy: Will they expand into Sussex? Difficulty is finding Doctors and Clinical Staff in Sussex and Gaudenzia waits for an invitation... community or state with a contract. 50th year in operation and have never stepped out without an invitation
- This will not be residential but PHP or IOP with services for children as well. (Gaudenzia)
- Chief – raised \$36,000 for purple car, need \$18,000.00 more, Chief is wearing purple and is now doing Breast Cancer Awareness

- Peggy: We will try to bring Chris Herren to one or two school districts each year. Del Tech is possibly interested in hosting CH next year. Our goal is to ensure that every district has access to Chris Herren's presentation
- Cast Tool: Tool used and adopted by the CDC... it is a community assessment which was used to see exactly what and where the needs are. Largest need was awareness and promotion.
- Peggy is asking WBOC and website groups to gather numbers of impact.
- Over-arching need: inconsistent prevention education messaging. This year Seaford is on board with Botvin, Woodbridge is next, then IRSD and Cape Henlopen. Our goal is to drill down in the Middle School. Costs include staff, curriculum, workbooks etc. The state will do Woodbridge, with support from SCHC. We will do IRSD, and then Cape Henlopen. (6th graders) This will allow us to expand through out Sussex County. We are working to align with the state.
- SCHC is working on the Mental Health Collab: suicide prevention, trauma informed care, suicide assessment, (IRSD, Woodbridge, Cape and Seaford) now we plug in education and prevention
- Intervention: There is a lot of intervention in Seaford and Sussex County and is growing. With the BHC and their system of care that will be put in place we can identify needs and inform the state (EX> Gaudenzia)

What are your areas of needs that you are experiencing or hearing in the community?

- Calls from parents where they can send their teens for treatment (under 18) residential under 18 is needed... Delaware kids need to go out of state
- Lack of long-term treatment
- Home of Hope is opening 11/15 for mothers and babies 12- month residential program in Bridgeville (Teen Challenge)
- People would like to see an alternative to Med assisted treatment Cranial electro- Dr. Eric Johnson = will share research and success (trauma and PTSD as well, anxiety and depression) Wed, 10/17 at Bethel United Methodist Church, Lewes at 7 PM
- Renew Medical Center – looking at holistic approach
- Strong need for adolescent help and support
- Training (PBH and UD) autism and Mental Health
- Looking at 24 hr commitment and ethics training around mental health (Dover BH)
- Getting young adults away from the older adults during treatment

- Milford – old hospital has space for providers for Mental Health Facilities - this will be called Wellness Village
- Families in recovery need some place to go and to have fun – something that is not drug focused – Family Nights – etc.
- Peggy ...let's look out for setting up family events (Sharon suggested speaking with Trish from the city around First Night in Seaford)

Family Support Engagement:

- Needed – After school programming (United Way)
- Invite School District's to open up – games, food, activities Every other Friday night was family oriented
- Police are doing a police youth academy during spring break... (with B & G club)
- Team Lyfe - basketball games (Jeff Bensen's group)

AtTack Addiction – Family Support - Pauline Powell

- Off shoot of NCC chapter where AA began 5 years ago
- Small group involved: Mission statement: to raise awareness about the disease of addiction
- Support group the first Wed of every month for adults... helped with education and support
- Meet on the 3rd Wed of every month for business meeting
- 17th of Oct. will begin a new bereavement group for people who have lost loved ones – reg grief support groups don't address the trauma and the depth of loss. Del Hospice is partnering with AA and will lead the support group. It will be the first Wed of every month after Oct.
- Presentations for youth groups geared towards prevention – this is our main effort of support
- We have 3 large Sussex County Programs
- **Reality Tour** – (11-17 with a parent) OV police department has supported this... one night a month a dramatization will done at the police station of a series of events.... It begins with an arrest, then goes into the holding cell, where you hear a recording about what is going through the young persons head, then to another room which is a party scene, (with drugs and alcohol) where 3 friends decide to leave to go somewhere else to get more intense party, one of the boys overdoses in the car, they call 911 where the good Samaritan law can be discussed, paramedics are called, they pronounce the young boy dead, there is a funeral with a casket – this then is followed up with a discussion about hope, help and prevention Only accommodates 10 families at a time... deescalating is necessary afterwards. (10/23) can sign up at event bright... reality tour – Sussex county
- Hidden in plain sight.... Called **before your very eyes** (mock up of teen bedroom) it shows where drugs are hidden so that parents are aware... this is specifically for parents. If something is found:
 - It's time to talk with your teen
 - AA gives them places to go for help and support
 - This shows parents that this is not normal teenage behavior.
- We do talk with people on the phone about where to go for help
- Peggy.... Do you need us to help set up a chapter on the Western side?
- Lynn shared that St. Vincent de Paul assisted in education tuition funds for a man in recovery

- Kim Jones – Symposium – Morning Block - beginning with an Addictions Dr. with Addiction 101
- Afternoon block: Families – treating the family system
- Bring the AA trailer to this event?
- Target community members as well as CEU's for people in the field who need ed credits – this will be funded by Guadenzia – vendor set up will be a cost
- Teen Challenge – 175 countries, with 60 years of existence with 85% success rate. Men's program in Seaford's – Women's program opening in November 12 -15 month programs.
- Prevention to intervention to support involving every sector

✓ **All meetings will be on the 2nd Thursday of every month
Nanticoke 1:00 – 2:30 (park in the back and enter door
marked - Administration**