



**Behavioral Health Task Group  
Meeting Minutes  
August 16, 2019  
9:30 am to 11:00 am  
Adams State Service Center**

**Call to Order** - Welcome & Introductions done by Committee Chair: Kym Alvarado and Peggy Geisler

Janet Urdahl made a motion to approve the June meeting minutes, it was seconded by Jenna Montalbano and was seconded by Kym Alvarado. Minutes were approved unanimously by the committee.

**Attendees: Total - 41    New Attendees - 6**

**Action Items:**

- Need statewide support for purple campaign
- YESO working towards Botvin in every school
- What is not working at the hospitals?
- Bayhealth.... if the system is good for kids, why not scale and replicate for adults?
  - Map these issues and report back
  - STIGMA – huge issue (NAMI and atTAcK addiction are looking at this)
  - How can we get the mental health providers to be more trauma informed?
  - Virginia – Bob (NAMI will bring info)
  - Dr. Nadine Burke Harris – CA – Lisa will bring info
- More opportunities for CEU's for our providers around stigma and trauma informed care
  - This needs to be incorporated into the nursing schools
- Talk with Rita Landgraf with UD around nursing training around trauma informed care and stigma – Peggy
- Lisa – reach out to Marsha for Trauma informed care for people of color – very important need
- Put new Sun CEO on agenda for the next Quarterly Meeting.
- Need to add the LGBTQ stigma
- 8/16/19-Rosann Fault will get the contact for Help is Here.
- 8/16/19-Peggy asked that everyone checks to see if they are listed on Delaware 211 & Help is here website.

## Guest Speakers:

- **Bayhealth Infectious Disease Team: Infectious Disease Update**

*Holly S. Helmick, MSN, RN, CNOR, CIC (lead)  
Infection Preventionist*

*Kelly Gardner, RN, BSN, CIC  
Infection Prevention Senior Manager*

*Kim Fisher BS, MSN, APRN, AGCNS-BC, CEN  
Clinical Nurse Specialist- Behavioral Health*

- ✓ *Chairs the Prevention Subcommittee on EBRIGHT is a coalition with all the hospitals in Delaware,*
- ✓ *Passed out handout for the health alerts alert in on Measles and Flu & Brucellosis*
- ✓ *All flu vaccines will be late this month because they are trying to include the vaccine to add a different strain.*
- ✓ *There has been 6-7 cases in Sussex County due to consumption of unpasteurized goat cheese from Mexico.*
  - *It is not contiguous from person to person or animals who have it.*
  - *All the cases had it in different places.*
  - *It may not show up in the blood*
  - *Hand outs will be sent with minutes*

### **Nanticoke Health Services Representative:**

*Kimberly Fischer, RN, BSN*

- ✓ *Target on Hepatitis A due to the outbreak among at Risk People in Philadelphia.*
- ✓ *This is high on Drug Users, Homeless populations*
- ✓ *TB is also on the rise*
- ✓ *TB can be breaking down by county by cases*
  - *New Castle -10*
  - *Kent-6*
  - *Sussex-6*
- ✓ *Bay health risk assessment increased from 2018 from a Low risk to a moderate-risk facility of seeing cases of TB.*
  - *They have adopted that they screen every employee for TB due to exposure of risk.*
  - *The new guidance of CDC they have picked up on different exposures, so they have decided to use this and test annually and provide treatment before an outbreak.*
  - *If there is anyone that come in contact with TB send these patients to Public Health, they will do a full investigation.*

- *All high-risk patients are screened for this populations*
- ✓ *CJG case is a very rare case. There are 3 different types.*

## Old Business/Updates:

## SCHC Staff Members

- Review Action Items from June 2019 Meeting
  - Training for nurses and healthcare providers around trauma informed care and stigma –
  - Confirm CEO on agenda for the Oct 2019 Quarterly Meeting - **completed**
  - Awareness and Stigma Reduction:
    - Overview for what atTAcK addiction are doing. – **in process**
    - Overview for what NAMI is doing – **Bob will report out**
- Delaware Goes Purple Update – Peggy Geisler
  - Share updates from the August Drug Free Communities Meeting
  - Create groups to lead the charge in each county to “Go Purple”
  - Peggy Discussed the awareness campaign that are coming out around the proper use for RX drugs.
  - This awareness around good communication around peoples needs in a way that people understand it and can relate to it.
  - We have secured WBOC and Print Media
  - PSA are set to go out in the next week on WBOC
  - This campaign is privately funded
  - Please fill out the Commit to GO PURPLE
  - Kent County Chair will be the Chairs
  - Sussex County is Dave Layton and Sharon Harrington
  - New Castle will be Peggy, Erin Booker and Mike Gavula
  - **Peggy will discuss the HeNN Apt with Danio**

## New Business

## Group Discussion

- Referral patterns – Individuals in mental health crisis
  - ✓ Patients should be taken to Ellendale to the recovery. 302-424-5660 located Crisis invention services, and restart.
  - ✓ Bridge Client is also the place
  - ✓ Peggy asked if someone OD’s – where are they being taken? Is it to the same hospital... but are we seeing patients being taken to other hospital?
    - The ems and police make the decision where they want to take the patient.
    - If an overdose it should be the ER that is closes
- Identify a representative from the BHC / Stigma and Awareness Subcommittee to be liaison for the BHTG

- Introduce the HEN app to the group – collect feedback- will have U of D and Danio to speaker in September
- Review and confirm speakers for September, October, November 2019
  - 8/16/19-Septembers Speakers Danio and U of D with the HeNN apt
  - 8/16/19-Dr. J. for the round table for September speaker
  - 8/16/19-Speakers for October/November have Willard from RI International and his team to discuss the Ellendale center and the RESTART program – **All confirmed**

**Ideas vetted through the members:**

- **September** – Dr. Julius Mullin – Children and Families First and Dr. Anderson with HEN
- **October** - Bridge Clinic – Need to invite Onika Harris/ Kim Jones
- **November** - Value Based Reimbursement for Behavioral Health – Need to invite DMMA and a rep from the Medicaid office: Steve Groff, Lisa Zimmerman (
- **December:** Topic - Suicide: Kim Blanch, Veterans and Suicide. People’s Place has a Veterans outreach also.
- **January 2020** - Housing is a huge issue for Vets – Roseann Faust and Barb Messick will send contact info)

**Additional Ideas for BHTG Speakers**

- DSAMH is looking at a successful program in place in Baltimore. They position a van outside the prison to meet newly released folks as they walk out of prison. Prison release times are difficult to get from the prison system. This could be a good topic for discussion. There is a re-entry commission that may help make this happen.
- CPSU – Community Partner Support Unit

**10:45 am Partner Announcements**

**Group Discussion**

**PURPLE Update:**

- Who is going purple with us?
- Work with your organization to see what you can do
- If everyone reaches out to one other organization, we can reach across the county
- Bringing Chris Herren back for a community event in Dover, and to a school
  - Seeking sponsorship
  - Looking for partners
- Awareness:
  - We know there is an opioid problem, but access is an issue – where does one get support? Grief groups? Family support?
  - How do we alleviate the pain and suffering from the epidemic?
  - Empowering community to be knowledgeable about their health care, ask

questions and know your family history

**Adjourn: 11:02**

**Upcoming Meetings:**

**Next BHTG Meeting:** Friday, September 20<sup>th</sup>, 2019 from 9:30am to 11:00am at Adams State Service Center

**Next Quarterly Meeting: Thursday, October 17, 2019 - Cheer Center, Georgetown DE – 8:30am to 11:30am**

**Chris Herren- October 9, 2019 at Delaware State University at the MLK building at 7:00PM.**