Behavioral Health Task Group
Meeting Minutes
August 16, 2019
9:30 am to 11:00 am
Adams State Service Center

Call to Order - Welcome & Introductions done by Committee Chair: Kym Alvarado and Peggy Geisler

Janet Urdahl made a motion to approve the June meeting minutes, it was seconded by Jenna Montalbano and was seconded by Kym Alvarado. Minutes were approved unanimously by the committee.

Attendees: Total - 41        New Attendees - 6

Action Items:

- Need statewide support for purple campaign
- YESO working towards Botvin in every school
- What is not working at the hospitals?
- Bayhealth…. if the system is good for kids, why not scale and replicate for adults?
  - Map these issues and report back
  - STIGMA – huge issue (NAMI and atTAcK addiction are looking at this)
  - How can we get the mental health providers to be more trauma informed?
  - Virginia – Bob (NAMI will bring info)
  - Dr. Nadine Burke Harris – CA – Lisa will bring info
- More opportunities for CEU’s for our providers around stigma and trauma informed care
  - This needs to be incorporated into the nursing schools
- Talk with Rita Landgraf with UD around nursing training around trauma informed care and stigma – Peggy
- Lisa – reach out to Marsha for Trauma informed care for people of color – very important need
- Put new Sun CEO on agenda for the next Quarterly Meeting.
- Need to add the LGBTQ stigma
- 8/16/19-Rosann Fault will get the contact for Help is Here.
- 8/16/19-Peggy asked that everyone checks to see if they are listed on Delaware 211 & Help is here website.
Guest Speakers:

- **Bayhealth Infectious Disease Team: Infectious Disease Update**
  
  *Holly S. Helmick, MSN, RN, CNOR, CIC (lead)*  
  Infection Preventionist
  
  *Kelly Gardner, RN, BSN, CIC*  
  Infection Prevention Senior Manager
  
  *Kim Fisher BS, MSN, APRN, AGCNS-BC, CEN*  
  Clinical Nurse Specialist- Behavioral Health
  
  ✓ Chairs the Prevention Subcommittee on EBRIGHT is a coalition with all the hospitals in Delaware,
  ✓ Passed out handout for the health alerts alert in on Measles and Flu & Brucellosis
  ✓ All flu vaccines will be late this month because they are trying to include the vaccine to add a different strain.
  ✓ There has been 6-7 cases in Sussex County due to consumption of unpasteurized goat cheese from Mexico.
    - It is not contiguous from person to person or animals who have it.
    - All the cases had it in different places.
    - It may not show up in the blood
    - Hand outs will be sent with minutes
  
- **Nanticoke Health Services Representative:**
  *Kimberly Fischer, RN, BSN*
  
  ✓ Target on Hepatitis A due to the outbreak among at Risk People in Philadelphia.
  ✓ This is high on Drug Users, Homeless populations
  ✓ TB is also on the rise
  ✓ TB can be breaking down by county by cases
    - New Castle -10
    - Kent-6
    - Sussex-6
  ✓ Bay health risk assessment increased from 2018 from a Low risk to a moderate-risk facility of seeing cases of TB.
    - They have adopted that they screen every employee for TB due to exposure of risk.
    - The new guidance of CDC they have picked up on different exposures, so they have decided to use this and test annually and provide treatment before an outbreak.
    - If there is anyone that come in contact with TB send these patients to Public Health, they will do a full investigation.
All high-risk patients are screened for this populations

CJG case is a very rare case. There are 3 different types.

Old Business/Updates: SCHC Staff Members

- Review Action Items from June 2019 Meeting
  - Training for nurses and healthcare providers around trauma informed care and stigma –
  - Confirm CEO on agenda for the Oct 2019 Quarterly Meeting - completed
  - Awareness and Stigma Reduction:
    - Overview for what atTAcK addiction are doing. – in process
    - Overview for what NAMI is doing – Bob will report out
- Delaware Goes Purple Update – Peggy Geisler
  - Share updates from the August Drug Free Communities Meeting
  - Create groups to lead the charge in each county to “Go Purple”
  - Peggy Discussed the awareness campaign that are coming out around the proper use for RX drugs.
  - This awareness around good communication around peoples needs in a way that people understand it and can relate to it.
  - We have secured WBOC and Print Media
  - PSA are set to go out in the next week on WBOC
  - This campaign is privately funded
  - Please fill out the Commit to GO PURPLE
  - Kent County Chair will be the Chairs
  - Sussex County is Dave Layton and Sharon Harrington
  - New Castle will be Peggy, Erin Booker and Mike Gavula
  - Peggy will discuss the HeNN Apt with Danio

New Business Group Discussion

- Referral patterns – Individuals in mental health crisis
  - Patients should be taken to Ellendale to the recovery. 302-424-5660 located Crisis invention services, and restart.
  - Bridge Client is also the place
  - Peggy asked if someone OD’s – where are they being taken? Is it to the same hospital… but are we seeing patients being taken to other hospital?
    - The ems and police make the decision where they want to take the patient.
    - If an overdose it should be the ER that is closes
- Identify a representative from the BHC / Stigma and Awareness Subcommittee to be liaison for the BHTG
• Introduce the HEN app to the group – collect feedback- will have U of D and Danio to speaker in September

• Review and confirm speakers for September, October, November 2019
  o 8/16/19-September Speakers Danio and U of D with the HeNN apt
  o 8/16/19-Dr. J. for the round table for September speaker
  o 8/16/19-Speakers for October/November have Willard from RI International and his team to discuss the Ellendale center and the RESTART program – All confirmed

Ideas vetted through the members:

- **September** – Dr. Julius Mullin – Children and Families First and Dr. Anderson with HEN
- **October** - Bridge Clinic – Need to invite Onika Harris/ Kim Jones
- **November** - Value Based Reimbursement for Behavioral Health – Need to invite DMMA and a rep from the Medicaid office: Steve Groff, Lisa Zimmerman
- **December**: Topic - Suicide: Kim Blanch, Veterans and Suicide. People’s Place has a Veterans outreach also.
- **January 2020** - Housing is a huge issue for Vets – Roseann Faust and Barb Messick will send contact info

Additional Ideas for BHTG Speakers

- DSAMH is looking at a successful program in place in Baltimore. They position a van outside the prison to meet newly released folks as they walk out of prison. Prison release times are difficult to get from the prison system. This could be a good topic for discussion. There is a re-entry commission that may help make this happen.
- CPSU – Community Partner Support Unit

10:45 am Partner Announcements

**PURPLE Update:**

- Who is going purple with us?
- Work with your organization to see what you can do
- If everyone reaches out to one other organization, we can reach across the county
- Bringing Chris Herren back for a community event in Dover, and to a school
  o Seeking sponsorship
  o Looking for partners
- Awareness:
  o We know there is an opioid problem, but access is an issue – where does one get support? Grief groups? Family support?
  o How do we alleviate the pain and suffering from the epidemic?
  o Empowering community to be knowledgeable about their health care, ask
questions and know your family history

Adjourn: 11:02

Upcoming Meetings:

Next BHTG Meeting: Friday, September 20th, 2019 from 9:30am to 11:00am at Adams State Service Center

Next Quarterly Meeting: Thursday, October 17, 2019 - Cheer Center, Georgetown DE – 8:30am to 11:30am

Chris Herren- October 9, 2019 at Delaware State University at the MLK building at 7:00PM.