



**Behavioral Health Task Group
Meeting Minutes
January 18, 2019
9:30 am to 11:00 am
Adams State Service Center**

Call to Order - Welcome & Introductions done by Committee Chair: Kym Alvarado 9:35

Peggy Geisler made a motion to approve the December meeting minutes. Roseanne Faust seconded the motion. December meeting minutes were approved unanimously by the committee.

Attendees: Total: 33 New Attendees: 7

***Janet Urdahl (La Red) will be co-chair with Jenna Montalbano for 2019**

Action Items:

- What is our messaging? (Around stigma) Chronic Health?
- Get Champions for Children's Health to present – Barb Messick (March)
- June meeting – will focus on goal check in
- Marcie – (Domestic Violence) to speak at YESO about new resources for teens
- Work with Dave Layton for internal facing for resources hub/list
 - Create a list based on the top areas of needed support –
 - Help is Here – 211 – a list on their website for specific needs – an updated dashboard
 - An online platform for providers
 - We can create a Sussex County list of resources
 - Closed network with providers for questions
- Delaware Council on Gambling - should invite to speak (Kim Jones has contact) (April)
- Dr. Neigle – Narcan and funding (Feb)
- Care Managers (MCO) to come – (Roseanne Faust and Carrie Snyder will make the appropriate connections)
- SCHC can leverage meeting with IRSD – can offer 5 – 10 minutes on our SBMHC call for Parent Information Center
- Diving deeper into Eating Disorders
- Ad hoc committees for Senior Care
- Combine BHTG meeting with DFC for March Meeting 3/15/19 9:30 – 11:00 (UD, Stoakley, or Sun)

Peggy Geisler: Healthy Communities Update:

- SBMH- 3 school Districts that we are infused in offering support in and around social-emotional learning – programming, collaboration and planning for how to look at mental health and social supports
- Collaborative team was formed – plans were developed and implemented – they have done trauma informed, risk assessment for suicide, yellow ribbon and CARE II (Threat assessment)
- Botvin resources (DSHAM and SPF-RX)

- Comprehensive and holistic approach – when the program started, the wait was 2 months, currently it is 2 weeks or no wait
- Serious issues
 - Children are not entering school ready to learn - they are at risk for dropping out
 - Much trauma within the families and serious sensory integration issues
 - Schools are there for academics, not a mental health hospital – we need to support their mental health teams
 - Health Committees – PSA’s are being developed for Developmental Screenings and PSA’s are needed around Mental Health and chronic health issues; ie. how to find services and to reduce stigma –
- Applied to Highmark for Georgetown area and other hot spots – prevention, intervention and harm reduction – how do we do the best job to put our arms around the community with infrastructure and hope
- Once the community is identified, we will need the support of the committee to bring resources into a high-risk community

New Business:

- Goals for YOUR agency for the New Year – and how can this task group help with this goal?
 - **Beebe** – Women’s Health Nurse Navigator: Mental Health – OBGYN’s are working on beefing up the post-partum screening
 - Support Group for women – Partners in Health and Wellbeing are doing a support group (more aligned with SAD)
 - There is a certification for PPD
 - Nami has support groups but not specifically for PPD
 - Whatever we do in one area of risk needs to be able to be replicated
 - Will check in in June
 - Perhaps Sun would be interested in this? Erin Wills (SUN) said she will investigate
 - Promise may be able to assist
 - Insurance companies have an interest – Care Managers (MCO) to come – (Roseanne and Carrie will make the connection)
 - **Veteran’s**
 - Opportunity to push out into the Western Sussex County area to bring the mobile vet support vehicle – at ACE Peer Center in Seaford
 - What about La Red and/or Connections? Connections screens for VETS –
 - **Parent Information Center** -Improve Family Engagement in Sussex - starting with the School Districts
 - Teach Parents how to advocate for their children, and children to advocate for themselves with a youth advocacy group (ages 13 – 21) if they are in special ed
 - Have a group in NCC, but working towards increasing awareness and engagement in Sussex (students with disabilities)
 - Getting the trust of the SD – have offered trainings in libraries but the turn-out was not good
 - Good relationship within the Latino population – how to port why this works, into other areas
 - Carrie can connect them with the Laurel School District
 - SCHC can leverage meeting with IRSD – can offer 5 – 10 minutes on our SBMHC call
 - Hiring a bilingual parent consultant – we have a public ally
 - PBH – 5 families who have reached out to PIC – they are beginning to reach out to PIC (PBH – Prevention for Behavioral Health –

- Suggested PIC to reach out to Champions for Children’s Health (we will invite CCH to present)
- What are the Benchmarks that demonstrate what this group has accomplished and how did we get there?
 - Cathy Rose – consultant with PBH – The ID and DD (Dev. Disabled) were not seen as a part of PBH. The new philosophy, from cabinet secretary, says now these groups will fall under PBH - ID and DD and their mental health needs and how to meet them - to provide mental health services for autistic and DD children (goal)
 - Focus group from the BHTG meeting to craft what are the barriers, what are the resources and what are the gaps
 - Who else do you need in the room that can be helpful?
 - Cathy will bring this suggestion back to PBH
 - Does Howard T Ennis have any mental health connections?
 - Consortium – ABA (all behavioral)
 - Providers need to be educated in treating severe ABA(Applied Behavioral Analysis)
- Marcie – Coalition for Domestic Violence
 - Improve Resources for Teens
- Care Management in ED – Resources list needed (Hub of experts)
 - Create a list based on the top areas of needed support –
 - Help is Here – 211 – a list on their website for specific needs – an updated dashboard
 - An online platform for providers
 - We can create a Sussex County list of resources
 - Closed network with providers for questions
- Need more advocacy
- November BIG idea suggestions:
 - One off training
 - Diving deeper into Eating Disorders
 - Ad hoc committees for Senior Care
 - Need sub-committees to step up
- Communication and systems issues need to be addressed
 - Relationship and funding
 - Alignment and collaboration

Peggy

- Are there enough services for Latino population?
 - No

What are the critical Health needs that need to be addressed that are not addressed in Sussex?

- Not enough resources in Eastern Sussex (and they do not have health insurance)
- Family sessions are needed (stigma against mental health)
- Anti-stigma for Latino population for mental health (PSA on radio?)

Adjourn

Next BHTG Meeting – February 15, 2019 – Adams State Service Center, Georgetown - 9:30 am -11:00 am