



Behavioral Health Task Group

Meeting Minutes

May 18, 2018

9:30 am to 11:00 am

Delaware Hospice Center

Milford, DE

Meeting called to Call to Order by Kym Alvarado

- Minutes reviewed by members
- Motion to approve the minutes by Ramona Pickett motion was seconded by Brian Freedman. Minutes approved.
- As of August 2018, Meeting Minutes will be available digitally through the SCHC website. Only agenda will be printed out for attendees

Attendees: Kym Alvarado, Shawna Mayles, Lynne Betts, Quiana Dorn, Kim Jones, Angelic Pariseau, James Larks, Ramona Pickett, Blanca Sandoval, Chris Love, Tina Fountain, Tina Moyer, Brian Freedman, Barbara Messick, Nicole Caselli, Elisabeth Wile, Amanda Fisher, Kelly Griffin, Peggy Geisler, Lisa Coldiron, Nancy Burris,

Action Items:

- Brian Freedman to work on “survey questions” for area providers to understand the level of need. Peggy Geisler will assist as needed. SCHC can push out the survey once completed. On-going
- Brian will share training events with SCHC especially in Sussex County. On-Going
- Tina Fountain and Brian Freedman to connect, DDDS. Done
- Kim Jones, Lisa Coldiron will work to pull together a vetted group of recovering addicts to present in Sept. On-Going
- Kim Jones will share the link to the Behavioral Health Consortium Report- SCHC will share with BHTG. Done
- Kim Jones will follow up on a June speaker (approval from Lt. Governor’s office) to see who can present an update on the 3-year action plan by the Behavioral Health Consortium. Done – Update will be provided by Cheryl Doucette
- Tina Fountain will send SCHC updates on events. On-Going
- SCHC will share the new SCHC website, and Project Purple website at a future meeting. On-Going

Guest Speaker: Brian Freeman, University of Delaware, Autism Program.

Phone: 302-831-4688; Email: brianf@udel.edu

Delaware Network for Excellence in Autism. Three new programs that have launched in the past three years.

- Building Bridges program, Trainings flyer, Raising Awareness.

Programs to support kids and families, bring together several resources to help meet the needs of the community.

Training available for professionals to learn how to support Autism patients. November 2016 first state funding received.

Holding meetings to share information / resources. They now have 2 full time trainers and coaches. Growing partnership with Nemours. Working to have a diverse group of professionals trained.

Autism does not just affect younger kids. Young adults and older adults, facing mental health challenges, have now been identified. Adult needs are very great, mental health challenges. Estimate age range of 20-60, have occurring mental health challenges. Working to identify different ways to connect and do more intensive work with the community. Currently working with Desmond Wynn (SCHC partner also), on a needs assessment, and training packets. Provide ongoing support, through coaching.

Q: Do you have certain goals and metrics that you can share on Sussex County? What are the sectors that you really want to reach, who do you want to reach?

- School based mental health collaboration (SBMHC holds monthly conference calls are you available to participate on some of these calls?) School staff does not have the resources, SCHC can set up webinars to connect school staff and trained professionals. Schools are looking to increase the number of mental health providers, priority per state wide advisory committee.

Q: Have you done a survey with mental health providers what do they think? SCHC can help with the survey to understand the level of need.

- Brian said that this was a good idea and will work on survey questions. Brian/Peggy to work on survey. SCHC can help you reach the right players.

Q: Building bridges program ages?

- Diagnosis and evaluating, (up to 3 years old focus). 18-month old child can be successfully identified. As soon as there is a diagnosis, there is a legal responsibility to provide services and treatment. If there is a concern about diagnosis, school is mandated to follow up immediately, referrals.

Q: Is Nemours the only provided that can diagnose?

- Brian recommend families get a comprehensive evaluation, (by the right) psychologist who can do the battery of testing. Based on results, family will be directed to the next step. Sometimes it is difficult to get to the right department with Nemours, long wait times to be seen. Beebe Healthcare has an awesome person, Nicole Ryan (works with kids under 3 only).

Q: How long does the process take through the school district, vs. CDW or Nemours?

- School referrals can take up to 6 months, so now the child is 12 months developmentally behind. Some school districts do an awesome job identifying Autism kids. Contact www.AutismDelaware, a great resource for parents. Daphne Cartwright is also a wonderful resource. Brian has a brochure that would be great for new parents, should be available to all readiness teams in all schools /kindergarten sign up.

Q. Psycho pharmacological aspect?

- They work with hospitals. SCHC will start thinking about Brian as a go to resource. Peer Training from Nemours, do you know if they are promoting any more trainings? No training sessions are scheduled at this time for Sussex County. There is one schedule for later this summer, Brian to keep us updated on the training session.

Q: Do you work with the Brandywine Counseling Center?

- Not currently working with Brandywine.

Q: Are you partnering with DE Dept of Disabilities?

- Tina Fountain to reach out to Brian Freedman to connect to DDDS.

Q: What schools work with Autism kids?

- Consortium School, Delaware Autism Program, specific schools that work with kids with Autism. Tasked with providing more training for home school staff to education Autism kids. Shifting landscape, treatment needs to be changed, updated to meet the needs of the kids. Reality: there is a 6-month wait for services, there are different levels of needs and intervention levels based on evaluation.

Q: How are we looking at the referral process to make sure we use the services with maximum capacity?

- Have kids been triaged? Put the kids in the right programs to receive the right benefits that can provide immediate improvement. There should be a community “mapping” of services to offer guidance, starting point, where do families go next. DPH, intake process based on scores, evaluation of child’s needs, is triaged by 3 licensed providers before reaching clinical coordinator. There are systems in place, but there are still long wait list for services.

Adults with Autism have more complicated issues to deal with. Most adults with Autism over 45 years old, were never diagnosed as a child. Autism adults have lots of anger, resentment. Autism Delaware does not help adults with Autism.

Q: Western Sussex county is very rural what needs to change for adults get the treatment and appropriate level of services they need?

- DSAMH, adults may not be willing to consent for themselves, or they are afraid of the system. Can we start with the 10/15% of the adult population that is willing to be tested ... self-referral for psychological evaluations? Need to work on education Law Enforcement, courts, screenings. Can this model work for the homeless population?

Due to the robust discussion with all present committee members, this discussion lasted the majority of the meeting.

Old Business:

Seaford Goes Purple: next meeting June 14 at Nanticoke Hospital. Finalizing details for September 11th evening event and September 12 school event. Guest Speaker, Chris Herren. Power point presentation will be created, recovering addicts (vetted) will speak; Kim Jones/Lisa Coldiron to work together.

Behavioral Health Consortium Update: Kim Jones. Consortium received and looked at over 1,100 suggestions from the community meetings, from that 1,100, 100 suggestions were selected. Kim will share the link with SCHC. Consortium

will form committees and sub committees, 3-year plan, looking for volunteers. Meeting will be held starting in a couple of weeks. Currently there is no funding for the consortium action plans.

Impact fee assessed on prescribed opioids by physicians (exceptions hospital patients and end of life patients). Had this been enacted in 2017, 9 million dollars would have been generated, 1 cent "tax".

Overdoes legislation, specific set of guidelines for overdose situations. System of Care Guidelines is in the beginning stages. Kim Jones will work on a speaker (June) for the committee. Sometimes Peggy is the only voice for Sussex County.

New Business:

No real update on HMA, they want to fund Botvin, SCHC has already secured funds for Botvin.

CAST Tool: almost complete, July quarterly update.

Partner Announcements:

Lynne Betts and Nanticoke hospital are working on a watershed partnership.

May 22, Communities that Care, Crossroads Church flyer (previously included on SCHC weekly mailer).

We will do a demo on the website at a future meeting. Peggy will show all the purple stuff.

Kim Jones, Delaware was selected. DSAHM, open beds program.

Peggy asked committee members if their organizations are a member of DANA, they offer alliance partnership, board development, succession planning, reduced rate, benefits of scholarship, nonprofits need to keep their funding, take care of infrastructure. Find out if your organization is a member.

SCHC Meet the funder event, you must RSVP, if you are interested, let us know.

SUN will now open with Pediatrics, Milford Presentation, last week. Kids as young as five. This would be a huge win!

Meeting Adjourned:

Next Meeting, June 15, 2018, 9:30 am to 11:00, Thurman Adams State Service Center, Georgetown, DE

Quarterly Meeting: July 19th, University of Delaware, 9:00 am, must pre-register.