



**Behavioral Health Task Group
Meeting Minutes**

April 20, 2018

9:30 am to 11:00 am

Thurman Adams State Service Center, N. Entrance
546 S. Bedford Street, Georgetown, DE 19947

Meeting called to Call to Order by Kym Alvarado. She asked committee members to review the minutes. Motion to approve the minutes by Lynn Betts motion was seconded by Jenna Montalbano. Minutes were approved with one minor change. Cheryl asked the committee member to read the minutes prior to coming to the meeting, we will no longer have print copies available starting August 2018. Agendas and minutes are available from the SCHC website.

Attendees: Jenna Montalbano, Carrie Snyder, Shawna Mayles, Natasha Mullen, Lynne Betts, Michael Betts, Amy Wood, Brenda Smith, Patricia Clear, Kym Alvarado, Quiana Dorn, Jim Purcell, Chantel Bratcher, Vanessa Stansbury, Angelic Pariseau, Susan Phillips, James Larks, Ramona Pickett, Janet Urdahl, Tina Fountain, Tina Moyer, Tammy Dodd, Stacey Simon, Cheryl Chambers, Jordan Weisman, Cathy O'Neil, Ann Regacho, Marcey Rezac, Julius Mullen, Melody Bush, Jere' Hutson, Demetris Williams, Rachel Clary, Rosanne Faust, Peggy Geisler, Cheryl Doucette, Lisa Coldiron

Action Items:

Lisa to invite Montessori Works group to speak at a future meeting.

Jim Purcell will garner a speaker from the new skilled nursing and peds center- Milford

Tina will connect with Amy to discuss systems and policies in effect.

SCHC will work with Dr. Weismann will speak at a future meeting.

Guest Speaker: Amy Wood, CEO of SUN Behavioral Health

Phone: 302-448-8415; Email: awood@sundelaware.com

- Amy thanked the committed for inviting her to speak, and was appreciative of SCHC Quarterly meeting invitation
- SUN Delaware is hospital #4
- Looking to open doors end of September, will offer tours as opening date gets closer
- 90,000 sq ft and will house 90 patients. Will open with adolescents (13 and older)
- Will provide Inpatient, partial day and outpatient treatment/care
- Transportation will be provided for partial day and out patient
- If a patient's catchment area is too far, SUN will look at off site options and transportation will be provided
- SUN understands the lack of available services for kids 13 and under
- Will have a geriatric program and will have an ECT suite (Electro Compulsive Therapy) and TMS (Transcranial Magnetic Stimulation)
- SUN is looking to hire an HR director and Development Director
- Will offer Mental Health, Detox, Substance Abuse, but they do not provide long term care
- Drug Treatment and dual diagnosis for adolescence as well
- Amy asked for questions and concerns:
 - Recruitment? (psychiatric providers are needed in this catchment area)
 - Actively recruiting a Medical Director outside of catchment area, providers, nurses, nurse practitioners, hospitalists
 - Employee searches, mostly through website; Indeed.com; Banner will go up at the site.

- Licensing in DE is a long process for psychiatrists
- Peer Specialists, Rosanne Faust asked that they look at this because this is what DSAHM will fund. There is peer certification and para professional programs
- SUN is open to new ideas. Peer support has not been in place prior, but Amy is willing to learn about this and understand what the process is. Rosanne offered to set this up for Kim.
- Cheryl offered to share Amy's power point digitally through SCHC
- Children 13 and up
 - Issue... kids 4 and up don't have a facility close to home when hospitalized
 - Are most of the children 5 and under in need of both day treatment and long term?
 - Big gap for respite care, sometimes children are hospitalized for long term vs. respite because the home is so explosive
 - Only 6 crisis beds in the state
 - Many spectrum children... parents are coping until they are teenagers and then it becomes extremely difficult.
 - Spectrum children do poorly in hospital settings
 - Community need increasing for spectrum children treatment. When you are not able to show active progress it's difficult to get them in in-patient care
- There will be a new skilled nursing and peds center in Milford, (skilled nursing) (Nationwide is taking over the previous Milford hospital)
 - Will offer outpatient care
 - Early Childhood center – will clinical support be an extension of this? Discussions are on-going
 - Montessori School coming to Sussex (Lisa Coldiron will follow up to present at a future meeting)
 - Interact with Promise Program
- Detox – often clients end up with a mental health diagnosis, then end up in the Promise Program
 - Do NOT have to have a MH diagnosis for Detox at Sun
- What is referral process?
 - Walk in's will be welcome
 - 24-7 assessments and admissions
- Trauma Informed Care?
 - SUN is prepared and trained
- Non-profit volunteers are often in a position of figuring out what to do and where to send people that are discharged and are fragile. Often the faith-based community of unskilled volunteers, is trying to figure out where these folks should go.
 - Amy said the hospitals have been very helpful and feels there will be good communication for clients
 - Warm hand off from hospital to SUN and to others is needed. SUN will have a discharge planner to make sure when a patient leaves, they have a plan and that there is communication with follow up
 - Working to provide a mobile assessment team to go into the hospitals
 - Tina will connect with Amy to discuss systems and policies in effect
 - Are any rooms designed to have babies room in with mothers? No.

UPDATE:

Seaford Goes Purple – Quarterly Meeting Update

- SCHC brought several key players to the table
- There was a live-stream feed which generated interest
- For future events, someone should be available that can live-stream answers
- Talbots prescription drug awareness plan was shared
- DHI held contract, now HMA for Healthy Neighborhoods
 - SCHC is working to garner funds from HMA for Purple Initiative but will not be used if it is not best for our community. We are currently working on our Readiness Assessment

- If MOU is signed with HMA, then the BHTG committee will be used to infuse monies into BHTG initiatives
- The CAST tool assessment piece will give information for professionals to use. HMA plan needs to be in place by the end of July and spent by the end of Dec. How will metrics show outcomes and sustainability? CAST Tool will be used and work has begun. Will drill down in Seaford Landscape.
- Behavioral Health Consortium (Met in April)
 - Over 600 people attended the forums with over 900 ideas presented
 - Next Meeting in May the plan will be revealed
 - Lt. Gov. is happy with information that has been gathered
 - Short term, mid-term and long-term plans being developed and will be in place. These committee meetings are widely attended by the community and will be presented May 4th. BHTG will be updated.
 - PEW will work with 2 states for 2 years, and DE has application in and it is down to two states, DE and Illinois, (will know in Sept if DE makes the cut) they will synthesize all data already received to help DE come up with a plan.
- Seaford Goes Purple, Highmark funding received, Peggy is looking to match Highmark Funding and DSAMH grant. How to align our common goals, get treatment, prevention program so kid doesn't start to use any drug. People need to know where to go, how to be involved, and how to support the campaign. Looking to get Theron to speak to groups. If you want to be involved, let SCHC know. We have a logo, sponsorship packages are in the works, can be duplicated by city and county. Reproduce what Talbot County, Maryland did.

Partner Updates:

- SCHC Meet the funder Update: May 22, 1:30-3 pm, one representative per agency, please register. Funders are not normally included in the planning process. Opportunity to have a one on one conversation with the funder. You can ask the funder what outcomes they want? Peggy's goal: share how to work with your funder and create the best outcomes for the funding.
 - Peer social group for autistic teens partnership with Nemours and DE guidance has been successful and more will be offered in the future – flyer will be shared. Students don't need to be in treatment, but need to go through intake
 - La Red is now ready to accept addicts for (vivitrol)
 - **302.855.2020 EX 1206**, call and they will get someone in within 24 hrs.
 - AmeriHealth - Dr. Jordan Weisman, not a strong presence in Sussex, are in network with Beebe
- Action Addiction Committee After treatment
- Jobs and employment
 - HS diplomas – lack of GED programs
 - AmeriHealth with fund and provide GED programs (coaching not teaching, is overseen by Rapid Response: Kevin Faison
 - Lack of vision and dental care for addicts
 - AmeriHealth will pay for vision and Dental (not braces, can choose Ameri-Health on exchange)
 - Dr. Weisman will share his contact info and will respond typically before 48 hours
 - Awareness and Prevention is important but must also provide evidence-based practices for those who are already doing a good job
 - Call center has three level of response
 - A list of providers is being put together (Kym, Psychiatry adults and children) should be completed by the end of May and will be shared
 - Dr. Borer will be coming on board and will be seeing patients (Psychiatrist)

Meeting Adjourned:

Next Meeting, May 18, 2018 9:30 am to 11:00, Delaware Hospice Center, Milford.