



**Behavioral Health Task Group
Meeting Minutes**

January 19, 2018
9:30 am to 11:00 am

**Thurman Adams State Service Center, N. Entrance
546 S. Bedford Street, Georgetown, DE 19947**

Mission: *The Behavioral Health Task Group is an inclusive & collaborative group focused on providing education, service expansion and advocacy to ensure that all Sussex County residents have access to quality mental/behavioral health services.*

Dashboard:

1. Access to Mental Health Services for Children and Youth and increased access to treatment and support for Adults.
2. Decrease in Overdose deaths and increased policies that address the addiction epidemic
3. 3rd Grade Reading Levels and Increased Graduation Rates

IMPACT - Increased access and support to mental health and addictions services for children, youth and families in Sussex County

Meeting called to Call to Order by Peggy Geisler. SCHC is working with Brittany Hazzard about continuing to be co-chair, we are looking for a second co-chair as well. Everyone introduced themselves.

Moving forward, Peggy asked the group to please review the minutes prior to the meeting, SCHC is trying to be paperless, will still have copies of the agendas. With the updated website, the agenda and meeting minutes will be posted on the website.

If you have not completed a SCHC membership form, please do so. We don't share your information. –

Motion to approve the minutes from **Patricia Clear**, seconded by **Amy Kevis**, minutes were approved with no corrections.

Attendees: Jenna Montalbano, Carrie Snyder, Patricia Clear, Marcey Rezac, Quiana Dorn, Amy Rust, Kim Taylor, James Larks, Ramona Pickett, Annie Caswell, Janet Urdahl, Jason Coleman, Troy Hazzard, Caitlin Baskerville, Jessica Massul, Blanca Sandoval, Chris Love, Amy Hurley, Laura Marvel, Amy Hurley, Dye Purcell, Willard Heuser, Tina Moyer, Desmond Wynn, Natasha Hughes, Felicitas Gontang, Amy Kevis, Maribel Perez, Jenn Showers, Peggy Geisler, Cheryl Doucette, Nancy Burris

Action Items:

- Ask Caitlin, KCSC, to present to YESO
- KCSC to put together a one pager to provide a brief description of all their services and key personnel/phone numbers/emails.
- Send Amy Rust invite for 2/2/18 – Seaford Stakeholders Meeting.
- Kim Taylor to update the group on the translation device that is currently being tested.
- La Red Health Center to present to SBMHC conference call attendees.
- Cheryl will send out the list of forums schedule by the Behavioral Health Consortium
- All committee members were asked to share their organizational goals at the February meeting.
- Cheryl will bring hand sanitizer to every meeting to fight flu germs.

- Amy Kevis will ask her new boss to present to this group sometime before June 2018, if possible.
- Confirm Bob Dunleavy can present to this committee in March.
- Cheryl to bring to issue of younger kids needs mental health benefits that are using to the Consortium.
- NAMI to share their flyer on March event so SCHC can distribute.
- Janet Urdahl to invite Dr. Rahm to present to the group in April 2018.

Guest Speaker: James Larks, Executive Director, MBA, Kent Sussex Community Services and his staff

Phone: 302-824-9257; Email: james.larks@kscs.org

KSCS has a new Logo, new branding and new mission/vision statements. Survive, Thrive, Arrive.

Working on revitalizing, KSCS is looking to be a more involved partner. James told the committee they will have KSCS staff person attend every meeting.

Vision: To become a leader in behavioral health treatment and disease management to promote successful life transformation.

Mission: To provide comprehensive prevention, education, case management and recovery services to individuals at risk for or living with chronic diseases.

Locations in Dover & Georgetown

Clinical Programs: Mental Health and Psychiatric Treatment, Substance Use Treatment; Medication Assisted Opioid Treatment, Drug Court Diversion

Community programs: Alcohol, Tobacco, & Other drugs prevention, Early Intervention Services HIV Testing, Health Care Navigator, HIV/AIDS Case Management, Perinatal

Jessica Massul: outpatient treatment, intensive outpatient treatment (9 or more hours per week), monthly injections, psychiatric services as well. Dover office, has a first-time offenders program to work through legal issues. Moving from surviving to thriving. Take a piece of the puzzle and then put it back together.

Caitlin Baskerville, Director of Community Services: spoke on Case management, prenatal case management expecting/had a child, with addiction issues, offer general assistance, adult prevention program, youth and family assistance as well.

- All staff now has a buy in. 833-292-KSCS; one phone number to reach both locations. Take walk ins, new medical director.
- Alternative methadone treatment as well, one treatment does not fit all. Not trying to be the only program in the community, but provide quality not quantity. New medical director works at both sites.

Try to accommodate every person that comes to through their doors.

James Larks, is available 24 hours a day, his cell phone number is on his business card.

Reach out to him if you need anything.

- Q: what are the hours for walk-ins? Still need to be finalized, as of now: T-Th Georgetown, M-W-F Dover.
- Q: wat is the length of the IOP (intensive outpatient treatment) program? IOP, what is the length of the program. 9 hours of group counseling, 1-hour individual (10 hours total or more).
- Q: is transportation available for IOP? Yes, however limited right now to Medicaid recipients. They are actively looking for a full-drive van driver, if you know of someone refer to KSCS. Lack of transportation has been a huge issue.
- They are a State contractor, fund sources: Dept. of health & Social Services, Div. of Substance Abuse and Mental Health, Dept. of Public Health, Delaware HIV Consortium, Dept. of Services for Children, Youth and Family Services.
- Q: Do you provide treatment for middle/high school students, not currently. But do offer family counseling, kids with parents that are addicts. Outreach, tobacco/alcohol prevention. Ask Caitlin to present to YESO.
- Don't need to have insurance to access services, income based, sliding scale, contract with State of Delaware, access to 100% of available services.
- What types of maintenance: Methadone, generic, vivitrol

Cheryl asked if a one pager document could be put together with highlights and key persons/contact info listed?

KSCS does not provide HIV treatment, refers to medical care, can assist with emergency financial assistance.

Old Business/Update: Peggy Geisler

- January Quarterly meeting, 72 people, offered great networking opportunities. SCHC is devoting two quarters this year around mental health. How do we as a community address mental health issues and awareness?
- Drug free community, THP Project Purple Update, in, Easton, Talbot County, Maryland, they decided to do a town wide program addressing community issues. Extremely successful, huge awareness campaign. Duplicate the program in Seaford, huge interest has been generated so now it looks like it will be a county wide, probably statewide program. First community will be Seaford, then Sussex county wide. The Easton/Talbot County organizers are willing to work with Sussex, looking into a joint state program maybe a Maryland/Delaware campaign. Opportunities to participate, support, contribute are open to any partners. DSAMH may be a partner as well. Awareness campaign to provide answers to the questions. Currently we are missing the second piece of awareness, not knowing the steps to solve the opioid addiction. Being part of the community and solutions.
- Quarterly meeting follow-up, work to end the stigmas of mental health issues. How you can your organization assist? Peggy shared how her life has been touch by mental health in the past year. People don't like to share their personal business, what will people say and think? Project Purple is a call to action, partnership/friendship making an impact here.
- Hope that you will be engaged in the pledge part and be engaged to Project Purple, SCHC is committed.
- Partners that work in Seaford catchment area were invited to attend the next Stakeholders meeting, 2/2/18, 1-3 pm, RSVP so we have accurate head count for lunch.
- SBMHC, increase access and services. Kim Taylor champion and a leader, received a \$4,000.00 check at the quarterly meeting.
- Sending out an environmental scan of SCHC partners, youth and adults that provide services. Bi-lingual services: do you have those services, do you want to have those services? Funded by Arsht Cannon.
- Kim Taylor's resource guide will be circulated to all committee members. Latino Services Guide. Translation device, works with computer, program into the box, will translate to the person Pilot Translation device, \$270.00 per unit. Indian River school district is testing unit now. SCHC was able to fund one for Indian River to use. Unit doesn't replace having a live person. Kim to please share updates on the testing of the unit.
- La Red Health Center to speak with the SBMHC groups.
- A lot of the programs that we are currently talking about weren't available 3 to 5 years ago. New programs come from discussion. If you want more information about SBMHC, please reach out to SCHC.
- Looking for co-chair, interested, please let us know.
- February for all committees will be non-speaker meetings. Come to the February meeting with your organizational goals, so they can be discussed. Share top 2 goals as an agency? What can we work on together? SCHC, is focusing on mental health stigma and awareness. Use our partnerships to move forward. If you don't know what the goals are, ask someone in your organization.
- 2018 Flu is serious. Get your flu shot. If you have a fever don't come, stay home. Hand washing don't touch your face.

Behavioral Health Consortium update:

Last meeting, reviewed Bylaws, looking at reaching out to the community state wide, community forums were planned, concept mapping, providers/consumers, many pieces. Cheryl will send out the schedule of the forums, most of the meetings will be in Wilmington. Georgetown meeting will be: 2/15/18 6-8:30 pm Georgetown Public Library
Cheryl said she is working on forums for Seaford/Longneck area.

Proposed survey, on line if you can't attend the meeting.

Looking from criminal justice point of view as well. How we treat people in recovery, legal system?

If Cheryl can bring any of BHTG issues to the consortium, let Cheryl know.

New Business

Confirm Chair, Kym Alvarado

Taking nominations for the co-chair and second co-chair positions.

Committee goals for 2018

Partner Announcements: Please send quick bulletin points with handouts to SCHC.

- Hudson Health, Salisbury walk in service, added 11 more beds. Fast track program, start detox treatment until a bed is available.
- La Esperanza is hiring another Victims Advocate, must be Bilingual
- Amy Kevis, will invite her boss to come speak to this group, March/April/May, DSAMH. Like to have her for April Quarterly Meeting.
- Beebe: annual health fair, February 10th, 9-3 pm, screenings.
- Rachel Clary, 3 locations in the state, outpatient services, individual, family. Working with children, couples, LGBTQ community, 13-17 teen girls program, weekly.
- Support for new moms, parenting stress. Flexible hours, evenings, Saturdays. Outpatient.
- Chris Love project safety, suicide prevention, 3rd wave, working with the schools, early identification, Nemours is now able to do behavioral health screenings, interested in working with Kent Sussex Communities Services, use new app/texting. Safety program, following the kids.
- Ramona, available for HIV testing.
- Kim Taylor question for the committee ... where to send the parents of kids that are using. Need a place to send the kids for treatment? Pregnant teens that are also using. Limited resources for kids who need treatment. Is there anyone that can speak to the committee, Bob Dunleavy, speak in March, SCHC to follow up. Cheryl to bring to Consortium. Parents are dealing with their own crisis as well.
- NAMI: Family of Family, Hope for Recovery program (March 24, share flyer).
- Natasha Hughes, The Rye Program, treats kids and their families. Brandywine Treatment complex grand opening soon in Milford (old Halpern Facility). Psychiatric, Medical, drop in center, homeless population, showers, kitchen, laundry facilities. Brandywine is also looking for space for a satellite office.
- Attack Addiction, will be opening a women's house, kids can visit but not stay with mothers. Offers counseling services. Eventually doing events for the youth every month. On-line meeting, 10 pm Friday night.
- Janet Urdahl looking for PTSD providers that treat non-veteran patients.
- Addiction Medical Services (AMS), Seaford, open Wed 1/24, take insurances, now self-pay until insurances can be accepted.
- Courageous Hearts, 2 locations. Spring event.
- Waivers can be signed for kids ages 16-18, that may be treated at KSCS.

SCHC encourages cross collaboration, agencies don't have to only work through SCHC, partners can work with each other.

Meeting Adjourned. Next Meeting: February 16, 2018

Save the Date: April 19, 2018

SCHC Quarterly Meeting

8:30 am to 11:00 am

CHEER Community Center, 20520 Sand Hill Road

Georgetown, DE 19947