



Behavioral Health Task Group

Meeting Minutes

March 15, 2020

9:30 a.m. to 10:45 a.m.

Virtual Meeting – Zoom Call

Mission: *The Behavioral Health Task Group is an inclusive & collaborative group focused on providing education, service expansion and advocacy to ensure that all Sussex County residents have access to quality mental/behavioral health services*

Dashboard:

- 1. Access to Mental Health Services for Children and Youth and increased access to treatment and support for Adults.*
- 2. Decrease in Overdose deaths and increased policies that address the addiction epidemic.*
- 3. 3rd Grade Reading Levels and Increased Graduation Rates.*

IMPACT: *Increased access and support to mental health and addictions services for children, youth and families in Sussex County*

38 attendees 0 new attendees

Action Items

- SCHC to send letter to Governor about next steps/forum around autism discussion (in-process, follow-up meetings being held)
- Kathryn to connect Janet Urdahl and Rosanne Faust (done)
- Kathryn to connect Janet Urdahl & Natascha from RI (done)
- Dafne Carnright to connect with AmeriHealth initiative to offer monthly peer support and needed programming (in-process)
- SCHC to connect with Lt. Governor around Behavioral Health Consortium lack of access and communication (in-process)
 - Present at upcoming meeting
- Kathryn to connect Janet Urdahl with the library list serve and Help is Here website (done)

February meeting minutes were approved unanimously with a motion by Rosanne Faust and a second by Andrea Waters

New Business

- SCHC Priorities
- Project THRIVE
- Supporting children and families with autism
 - Intensive outpatient services do not exist in Delaware
 - Autism DE has been advocating for this for many years; intensive outpatient services are designed for children who are not on the autism spectrum
 - State plan does not allow them to offer ABA or ABA based intensive services
 - It is very difficult to get out of state care covered by insurance
 - Around 3,100 children identified with autism through the schools system (based on educational IEP criteria) it is difficult to get a number on adults
 - Discrepancy between medical diagnoses and educational diagnoses
 - Del State could not be an oversight of direct service
 - Applied behavioral analysis principles—there is no college in DE right now that offers this degree
 - Providers cannot set this up because there is no capacity to set up a billing structure (policy issue), there is no pipeline for training from universities
 - PCOM online APA 1 year certification program available
- Emerging Seaford Community of Hope
 - Dr. James Bell from school district in Seaford; how will we bring children back who may have more exacerbated anxiety and depression and poor social skills due to COVID



- Providers need to be wrapped around these districts to support back to school
- Peer Support
 - Concern about the START initiative and ED's ending
 - This will likely be funded differently with the state opioid response money
 - National trend is to use peers in various settings
 - Working on how to appropriately supervise peers because traditional supervisors do not necessarily know how to do peer supervision
 - Will be offering online peer support classes- there is a peer support certification available
 - Peers should not be employed because they are cheaper than clinicians; could be a sustainable career lattice if necessary infrastructure is in place
 - NaTascha from RI has internal peer certification, they train on this from 6-10 states throughout the country, also have peer supervision trainings, offer peer support as well as embedded in local EDs, peer powered crisis recovery centers
 - All hospitals are covered, they are looking for peers for these programs because not all shifts are covered
 - Champions for Children is a peer supporter in all three counties
 - AmeriHealth is coordinating telehealth with peers
- BH Messaging Updates
 - Meeting is the first Friday of every month
 - Last month was the first meeting in 3 months with 18 people in attendance
 - Talk about all state messaging including Narcan training

Potential Speakers:

- Janet Urdahl about AMF

Partner Updates:

- Janet is with AMF in Seaford, opioid treatment center, looking for referrals, they take insurance
- Jenna Montalbano is expanding and in need of more SUD counselors, ready to take on more patients
- CBITS GET Together r flier
- Natascha is offering those who are going through withdrawal that wish to start induction process it is available in the crisis center; have MOU referrals for next day dosing
- Annalisa has nationally recognized speaker offering workshop "black Side of Autism" about challenges of accessing appropriate intervention

Upcoming Meetings:

Next BHTG Meeting: Friday, April 16th, 2020 – Location Zoom – Virtual Meeting

Attendees Matrix

1.	Peggy Geisler	SCHC	
2.	Crystal Timmons-Bryant	SCHC	
3.	Emma Braun	SCHC	
4.	Kathryn Burritt	SCHC	
5.	Annalisa Ekblad	Autism Delaware	
6.	Kym Alvarado	Coastal Counseling	
7.	Natascha	RI	
8.	Patricia Clear	Contact Lifeline	
9.	Janet Urdahl	AMF	
10.	Ashley Going	Juvenile Probation	
11.	Jenna Montalbano	AMS	
12.	Amy Huff		
13.	Amy Habberger	DSU	
14.	Nicole Luther		
15.	Jennifer Wendel		
16.	Rosanne Faust	DSAMH	
17.	Richard Shores	SCHC	



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18.	Madeline Mandell		
19.	Dafne Carnright	Autism DE	
20.	Marcey Rezac	YMCA	
21.	Kaytra MacDonald		
22.	Ketanya Moore		
23.	Amy Rust	AMS	
24.	Theresa Vial		
25.	Charita Jackson-Duros		
26.	Cara Sawyer	DSAMH	
27.	Quiana Dorn	Dover Behavioral	
28.	Felicitas Gontang		
29.	Tom Harris	Juvenile Probation	
30.	Judith Schlott	SUN Behavioral	
31.	Caitlin Schlott		
32.	Caitlin Baskerville		
33.	Leah Dickerson	Seaford School District	
34.	Andrea Waters		
35.	Desmond Wynn	Rockford	
36.	Yinka Isichei		