



## Behavioral Health Task Group

### Meeting Minutes

February 19, 2020

9:30 a.m. to 10:45 a.m.

### Virtual Meeting – Zoom Call

***Mission:*** *The Behavioral Health Task Group is an inclusive & collaborative group focused on providing education, service expansion and advocacy to ensure that all Sussex County residents have access to quality mental/behavioral health services*

### **Dashboard:**

- 1. Access to Mental Health Services for Children and Youth and increased access to treatment and support for Adults.*
- 2. Decrease in Overdose deaths and increased policies that address the addiction epidemic.*
- 3. 3rd Grade Reading Levels and Increased Graduation Rates.*

***IMPACT:*** *Increased access and support to mental health and addictions services for children, youth and families in Sussex County*

40 attendees      0 new attendees

### **Action Items**

- Kathryn to continue to work with Carey Lynch, Tom Harris and Ashley Going around programs, outreach and data (done)
- Kathryn to connect Carey Lynch, Tom Harris and Ashley Going and Kym Alvarado (done)
- SCHC to discuss featuring Hope Line on Delaware Goes Purple website and partner promotions (done)

January meeting minutes were approved unanimously with a motion by Rosanne Faust and a second by Tom Harris.

### **Guest Speakers**

Erin Willis

SUN Behavioral

[ewillis@sundelaware.com](mailto:ewillis@sundelaware.com)

Topic: New Adult IOP Program

- M, W, T around 10-15 people, 6-9; solely virtual
- Gives flexibility to maximize services provided
- There is not a capacity limit, have been updating with Open Beds that this is available for evening hours
- Adult evening intensive outpatient program: convenient treatment for working adults

Carey Lynch

Family Service Specialist Supervisor

Community Services/Juvenile Probation

Division of Youth Rehabilitative Services

[Carey.lynych@delaware.gov](mailto:Carey.lynych@delaware.gov)

Topic: Youth Rehabilitative Services

- Purpose: YRS provides case management and community services/supervision for youth by assessing the youths needs and working with families, school and support systems to address factors contributing to delinquency
- Mission: To guide youth involved
- Tools Used: MPACT: Modified Positive Achievement Change Tool
  - Provides effective and appropriate services
  - Evidence-based risk, needs and strengths assessment that assists DYRS in: determining a youth's risk to re-offend, identifies risk and protective factors for delinquent behavior and focuses on reducing risk and increasing protective factors
  - Promotes positive outcomes by addressing youth needs, functioning, and reducing re-offense
  - Focus on rehabilitation; non punitive



- Community Services Continuum
  - First time offenders/low risk to re-offend
    - YMCA's Back on Track program
    - Low to moderate risk: individualized case management through community based providers. These services are provided by Wraparound DE (New Castle) and Community Supervision Resource Connection program (Kent/Sussex)
    - Moderate-high risk to reoffend:
      - Supervision by probation officer. Youth may also be court ordered or referred to participate in community based and contacted services
      - DYRS has created a unit to assist youth who have demonstrated inappropriate sexual behaviors
- Adjust Service Unit (SJO): works with youth who are high risk to re-offend, gun adjudications, gang affiliation and additional youth as need
  - Services
    - Apprehension of youth with active warrants or have absconded from probation supervision
    - Face-to-face curfew checks
    - Transportation
    - Escorting for probation officers
    - GPS electronic monitoring
    - Assist DFS and police in locating missing children
- Cottages/Level IV Staff Secure
  - Grace cottage
    - Females only, 14 beds , 90 day minimum
  - Snowden: males only, 14-16 year old, 15 beds, 90 day minimum
  - Mowlds cottage
    - Step down from Ferris or committed, 16-18 years old, 15 beds, 6 weeks
- Ferris School for Bous, Level 5 Secure
  - 72 beds, 13-18 years old, 6 month stay and a 6 week transition program
  - Serious/chronic repeat offenders who pose a risk to themselves or others
  - Offers a structured learning environment geared towards rehabilitation
- Stevenson House Detention Center and New Castle Detention Center/Level V

Cara Sawyer & Gary Mason  
Division of Substance Abuse and Mental Health (DSAMH)  
[Cara.sawyer@elaware.gov](mailto:Cara.sawyer@elaware.gov)  
Topic: Delaware Hope Line

- Hope Line is 24/7; also have Life Gets Messy
- At men's prison in Gander Hill daily; started pilot program at women's prison (Baylor)
- Statewide
- Give naloxone out
- Have event series
- Received crisis counseling program grant through FEMA and SAMSA
- Focus on communities in need: Delaware Psychological Association is a partner in the grant; they are focusing on healthcare workers in smaller settings
- Other partners include Family Services of St. Paul, Delaware Guidance Services, Food Bank of DE
- To be a peer you have to have experience
- Have 5 staff members
- Top reasons people are calling in
  - Support
  - Information
  - COVID related

#### New Business

- -Discussion around landscape of peer support recovery specialists



- Change in the landscape, with TidalHealth they are working on expanding COAT project; transition in DSAMH; trying to figure out where there is a need and ways that we can provide continuity
- Understand landscape and help support
- -Discussion around COVID Communications for Governor’s Office: Where are we getting the information around COVID such as information, testing and vaccinations? What type of misinformation is common? What do you need from Governor’s office to better help educate constituents around (specifically around deployment of and how to access information? What do you feel are the missing education pieces around COVID information, testing and vaccinations?
  - Put out a survey and gave feedback to communications committee
  - Website was wonky, they put out a toolkit and we distribute to our partners
  - Quality information, distributing it, aligning around community partners and to specifically help at risk and underserved populations
  - DISTRIBUTE COVID SURVEY
  - KATHRYN TO CIRCULATE COVID TOOLKIT TO COMMITTEE

Partner Updates:

- AMS now has a full bi-lingual staff to serve Spanish speaking clients from start to finish

**Upcoming Meetings:**

**Next BHTG Meeting:** Friday, March 19, 2020 – Location Zoom – Virtual Meeting

Attendees Matrix

1.	Peggy Geisler	SCHC	
2.	Crystal Timmons-Bryant	SCHC	
3.	Emma Braun	SCHC	
4.	Kathryn Burritt	SCHC	
5.	Michelle Mullen		Re-entry program
6.	Kym Alvarado	Coastal Counseling	
7.	Dorothy Dillard	DSU	
8.	Carrie Snyder	Beebe	
9.	Tina Fountain		
10.	Jenna Montalbano	AMS	
11.	Jordan Weisman	AmeriHealth Caritas DE	
12.	Judith Schlott	SUN Behavioral	
13.	Lee Ann Gunning	DTCC	
14.	Andrea Waters	Pathways to Success	
15.	Rosanne Faust	DSAMH	
16.	Alexandra Taylor		
17.	Quiana Dorn	Dover Behavioral Health	
18.	Wade Jones		
19.	Onika Harris		
20.	Sharon Bell		
21.	Shawna Mayles		
22.	Yinka Isichei		
23.	Theresa Vial		
24.	Ashley Going	Juvenile Probation	
25.	Cara Sawyer	DSAMH	
26.	Carey Lynch	DYRS/Juvenile Probation Supervisor in Sussex	
27.	Tom Harris	Juvenile Probation in Georgetown	


  
**SUSSEX**
  
**COUNTY HEALTH COALITION**

28.	Tracey Bixler		
29.	Gary Mason		
30.	Amy Huff		
31.	Heather Davis		
32.	Melody Bush	FIRST/DSCYF	
33.	Jason Coleman	MHA	
34.	Jennifer Wendell	Intern MHA	
35.	Kaytra Macdonald		
36.	Jane Galli		
37.	Leticia Howell		
38.	Kaytra MacDonald		
39.	Kim Blanch	Beebe Healthcare, Inc.	
40.	Marcey Rezac	SCHC	