



Behavioral Health Task Group

Meeting Minutes

September 18, 2020

9:30 a.m. to 10:45 a.m.

Virtual Meeting – Zoom Call

Mission: *The Behavioral Health Task Group is an inclusive & collaborative group focused on providing education, service expansion and advocacy to ensure that all Sussex County residents have access to quality mental/behavioral health services*

Dashboard:

- 1. Access to Mental Health Services for Children and Youth and increased access to treatment and support for Adults.*
- 2. Decrease in Overdose deaths and increased policies that address the addiction epidemic.*
- 3. 3rd Grade Reading Levels and Increased Graduation Rates.*

IMPACT: *Increased access and support to mental health and addictions services for children, youth and families in Sussex County*

26 attendees 3 new attendees

Action Items

- Kathryn to connect 12 & 12 Community Center with Delaware Goes Purple (done)
- Kathryn to connect Bill Bardell with Delaware Goes Purple (done)
- Bill Bardell from Banyan to share SMART Recovery curriculum and Kathryn to push out the information to committee's (done)
- Crystal to reach out to Nicole Luther from Children & Families First (CFF)/CBITS (done)
- Kathryn to invite Aileen Fink, new Director, for Department of Services for Children, Youth & their Families (done)

August 2020 meeting minutes were approved unanimously with a motion by Jenna Montalbano and a second by Kim Blanch.

Guest Speakers

Joan Neal
12 & 12 Community Center
joanneal@regionalbuilders.com

-12 & 12 Community Center is underway in Seaford, Delaware.
-Bob Boyd partnered with others to help those struggling with addiction and to help them in their recovery process.

-Not enough places in Western Sussex that offer a safe place for those at any stage of the recovery process.
-Searching for therapists who specialize in addiction to use their office space.

Bill Bardell
Banyan Treatment Centers
BBardell@banyancenters.com
Direct Cell: (302) 507-5730

877 help 302 – toll free number
12 facilities nationwide
Take major insurances and take AmeriHealth Medicaid
32 beds, will be increasing the number in the future
Case by case basis -



Can take patients that have additional or extra medical needs
 Will be opening more facilities in phases
 Can use the beds as flex between detox and other mental illnesses treatment
 Smart Recovery Curriculum
 SMART Recovery Program at Banyan Treatment Center

At Banyan Treatment Center, our specialized therapists have a wide variety of therapeutic skills, one of which is being trained in SMART Recovery. SMART Recovery (Self-Management and Recovery Training) is an effective addiction treatment method that teaches techniques to help people recover from all forms of addiction. At Banyan Pompano, we use a 4-Point Program that encourages self-directed change and many tools are learned to strengthen these points: 1) Building and Maintaining Motivation 2) Coping with Urges 3) Managing Thoughts, Feelings, and Behaviors 4) Living a Balanced Life.

<https://www.banyantreatmentcenter.com/delaware-alcohol-detox/>

Huge on after care – plan in place and have a large case management team

New Business

- Delaware Goes Purple Toolkit Launch
- Upcoming Speaker ideas
 - Upcoming Speakers: DSU – Vision Consortium come on board to discuss
 - Beebe – Trauma informed – film screening
 - Aileen Fink – new director – taking Bob’s place

Partner Updates/Group Discussion: AMS accepting Medicaid from DE and MD, and VA benefits;
 Milestones Consultants is offering free counseling sessions to youth who do not have insurance or high co pays.
www.milestonesconsultants.org

Meeting adjourned at 10:40 am

Upcoming Meetings:

Next BHTG Meeting: Friday, October 16, 2020 – Location Zoom – Virtual Meeting

Attendees Matrix

1.	Peggy Geisler	SCHC	
2.	Crystal Timmons-Bryant	SCHC	
3.	Kathryn Burritt	SCHC	
4.	Kym Alvarado		
5.	Penelope Pitts		
6.	Kim Blanch	Beebe Healthcare, Inc.	Population Health
7.	Judy Scholtz	SUN Behavioral	Community Liaison
8.	Nicole Luther	CFF	CBITS
9.	Marcey Rezac		
10.	Monica Shockley-Porter	Dover Behavioral	
11.	Jenna Montalbano	AMS	
12.	Joan Neal	Regional Builders/12 & 12 Community Center	
13.	Tina Andrews	PIC	
14.	Bill Bardell	Banyan Treatment Centers	
15.	LeeAnn Harden		
16.	Heather Davis		



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17.	Jordan Weisman	AmeriHealth Caritas	
18.	Patricia Clear	Contact Lifeline	Sexual Assault Volunteer Services Coordinator
19.	Amanda Fisher		
20.	Kaytra MacDonald	Champions for Children's Mental Health	Family Support Provider- Kaytram@championsde.org - 302-853-0129
21.	Caroline Albera	MHA	Intern
22.	Jason Coleman	MHA	
23.	Alexandra Taylor	Beebe Healthcare, Inc.	LCSW
24.	Nicole Caselli		
25.	Sal Seely	CAMP Rehoboth	
26.	Amy Haberber	DSU	