



Behavioral Health Task Group

Meeting Minutes

July 17, 2020

9:30 a.m. to 10:45 a.m.

Virtual Meeting – Zoom Call

Mission: *The Behavioral Health Task Group is an inclusive & collaborative group focused on providing education, service expansion and advocacy to ensure that all Sussex County residents have access to quality mental/behavioral health services*

Dashboard:

- 1. Access to Mental Health Services for Children and Youth and increased access to treatment and support for Adults.*
- 2. Decrease in Overdose deaths and increased policies that address the addiction epidemic.*
- 3. 3rd Grade Reading Levels and Increased Graduation Rates.*

IMPACT: *Increased access and support to mental health and addictions services for children, youth and families in Sussex County*

34 attendees 6 new attendees

Action Items

- Martha to visit all committees (in-process)
- Nicole Luther to present for YESO (in-process)
- Kelli DiSabatino to present at BHTG (done)

9:30 **Welcome & Introductions** **Chair, Kym Alvarado**
Review and approval of June 2020 Meeting Minutes Janet Urdahl, Roseanne Faust

9:35 **Old Business** **SCHC Rep.**
Review Action Items

9:40 **Guest Speakers**
Teri Lawler
Teri B. Lawler, MA, LPCMH
Education Associate
Trauma-Informed Practices and Social and Emotional Learning
Office of Innovation and Improvement
Delaware Department of Education
35 Commerce Way, Ste. 1
Dover, Delaware 19904
SLC N510
(302) 857-3306 (T) (302) 739-1769 (F)
Teri.Lawler@doe.k12.de.us
Mental health and next steps in the arena of education
Adversity and brain development on behavior
Reduce barriers to learning – shifted to integrate more transformative to create a more equitable environment
Community Resilience Model
Started doing a lot of professional development
Strengthen what is good and create cross sector to create a full community engagement model
Delaware Developmental Framework – trauma impacts and informed practices
Build Promise and Purpose
We educated people on trauma but are people ready to receive it and how do they receive it



Many times people shut down when they use the word “trauma” versus life stressors. Trying to supplement the word trauma into life stressors so we can get the conversation going.

9:55 Kim Blanch, RN
Beebe Healthcare, Beebe Population Health
Community Services Manager
kblanch@beebehealthcare.org
Topics: Mental Health Access & Delaware Goes Purple Plans for 2020

- 10:10** **New Business** **SCHC Rep.**
- Developmental Assets Training/ASQ Training Alignment/Update
 - Update on additional training date and toolkits – July 15, 2020 10am-12pm
 - Substance Use Disorder Prevention
 - Delaware Goes Purple 2020 Virtual Toolkit
 - Alignment with Help is Here/DE Hopeline/DSAMH
 - Drug Free Community survey and results to date
 - Partner Update/Connectivity
 - Aquila of Delaware

10:25 **Partner Updates/Group Discussion**

10:45 **Meeting Adjourned** **Chair, Kym Alvarado**

Upcoming Meetings:

Next BHTG Meeting: Friday, August 21, 2020 – Location Zoom – Virtual Meeting