



Behavioral Health Task Group Meeting Minutes

April 10, 2020

10:00 am to 11:00 am

Virtual Zoom Meeting

Mission: *The Behavioral Health Task Group is an inclusive & collaborative group focused on providing education, service expansion and advocacy to ensure that all Sussex County residents have access to quality mental/behavioral health services*

Dashboard:

1. Access to Mental Health Services for Children and Youth and increased access to treatment and support for Adults.
2. Decrease in Overdose deaths and increased policies that address the addiction epidemic.
3. 3rd Grade Reading Levels and Increased Graduation Rates.

IMPACT: *Increased access and support to mental health and addictions services for children, youth and families in Sussex County*

This meeting was called to order at 10:02 a.m. by Chairman Kym Alvarado.

Attendees: 32 Attendees – 4 first time attendees

February meeting minutes were approved unanimously with a motion by Roseanne Faust and a 2nd by Janet Urdahl.

Action Items

- ✓ **Share grief support matrix (Kathryn)**
- ✓ **Share PowerPoint presentation from DSAMH (Kathryn – pending receipt)**
- ✓ **Share Cantril Ladder model data from DSAMH (Kathryn – pending receipt)**
- ✓ **Highlighted in the minutes Partnership for Drug Free Youth (Kathryn) done**
- ✓ **Sign-up for a brainstorming session with DSAMH – date and time to follow; attendees thus far (sign-up sheet to follow):**
 - **Janet Urdahl**
 - **Rob McCreary**
 - **Monica Shockley-Porter**
- ✓ **Share the mini-grant application (Kathryn)**

Old Business

Review Action Items from February's meeting:

- ✓ Research and report on potential for local grief support groups for youth that have suffered a loss. **(Cheryl) done**
- ✓ Introduce Dr. Weisman to Brandy Mace. **(Kathryn) done**
- ✓ Confirm DMMA Steve Groff and Lisa Zimmerman for May **(Kathryn/Cheryl) done**
- ✓ Confirm Kim Blanch, March 2020 speaker, get topic and format information. **(Kathryn) done**

Guest Speakers

Elizabeth Romero

Delaware Division of Substance Abuse & Mental Health (DSAMH)

Elizabeth.Romero@delaware.gov

Office: (302) 255-9398

- Preparing for changes in well-being pre and during/post COVID-19
- Updated service array related to COVID 19 Crisis
- Well-being In the Nation (WIN) Measures
- Improving well-being
- Support around substance use and mental health during this crisis



- Preparing for despair
- Help providers switch to virtual care
 - Staff focused, telehealth best practice training
- Peer support
- Naloxone distribution – increasing the reach and distribution avenues
- Well-being monitoring

Rob McCreary, Family Counseling Center of St. Paul's (FCCSP)

rob@stpaulscounseling.org

Direct: (302) 740-6400

- Supporting the Latino community
 - Building trust
 - Outreach is very important
 - 10 bi-lingual counselors available

New Business:

- SCHC Mini-grant around prevention, education – support services to youth virtually
- Art/Addiction Messaging grant
 - Start Summer end in Fall
 - Youth focused, divided by ages
- Developmental Assets training
 - April 23, 2020 – 10:00am-12:00pm – Zoom link to follow
- Please update us around any needs or struggles that your organization may be facing so we can support

Partner Updates/Group Discussion

Meeting Adjourned at 11:00 a.m.

Upcoming Meetings:

Next BHTG Meeting: Friday, May 15, 2020 from 9:30 a.m. to 10:30 a.m. via Zoom meeting.

List of Attendees:

1. Kathryn Burritt, SCHC
2. Cheryl Doucette, SCHC
3. Peggy Geisler, SCHC
4. Crystal Timmons-Bryant, SCHC
5. Melinda Dubinski
6. Penelope Pitts, CFF
7. Patricia Clear, Contact Lifeline
8. Rebecca Brandt, People's Place
9. Heather Davis, Meadowood Behavioral Health Hospital
10. Kym Alvarado, DGS
11. Roseanne Faust
12. Maria Edgerton
13. Nicole Luther
14. Amanda Fisher
15. Janet Urdahl
16. Kellen Copeland
17. Name? Bayhealth
18. Theresa Vial
19. Tina Moyer



20. Andy Brittingham
21. Jordan Weisman
22. Monica Shockley-Porter
23. Kaytra MacDonald
24. Jane Galli
25. Kiera
26. Elizabeth Romero
27. Cara Sawyer
28. Rob McCreary, Family Counseling Center
29. Kiera McGillvary
30. Devon Vitti, Bayhealth
31. Natasha Mullen
32. Rich V.
33. Martha Dominguez