Behavioral Health Task Group
Meeting Minutes
May 17, 2019
9:30 am to 11:00 am
Adams State Service Center

Call to Order - Welcome & Introductions done by Committee Chair: Kym Alvarado 9:30

Melody Bush made a motion to approve April minutes. Rosanne Faust seconded the motion. Meeting minutes were approved unanimously by the committee.

Attendees: Total - 34
New attendees: 13

Action Items:

- CPSU – will send information about programs for SCHC to share with all committees (Jessica Merrill – jessica.merrill@delaware.gov)

Speaker: Barbara Messick, ED Champions for Children’s Mental Health
barbm@championsDe.org
302.503.7198 or 302.724.7229

- Family Care support for children under the age of 18 with a Mental Health Diagnosis
- Pamphlets are available and they are willing to come to any office to share
- Family run – non-profit from CARES grant
- Unique: focus is on the parent and/or care giver
  - Advocate and navigate services
  - Only organization in DE giving these services
- Family Peer Support
  - Trained to work with families, must have a child with a mental health diagnosis to work for CFC
  - HS or GED required – training is given
- Barbara is a nationally certified Peer
- Will always go to the family
- Peers are there for caregivers
  - Team meetings with PBH
  - Attend IEP meetings and 504 meetings
  - Med checks
  - Doctor appointments
  - 6 – 9 months
• Help families navigate systems
• Teach self-care
• Teaching families how to advocate for themselves and effective communication
• Model positive parenting
• Provide resources
• Helping families realize they are not alone
• CANNOT transport families
• Short-term service
• Program to build skills so they can advocate for themselves
• Eligibility – Medicaid
• Must have Mental Health Diagnosis and must have someone they are working with
• Referrals: PBH or Out-patient therapist can fill out a referral packet for peer support
• If they are not with anyone, CFCMH have a licensed volunteer psycho-therapist for diagnosis and will come to them
• Del-Mar – entire state
• 15 peers – caseload of 10 – 12 per peer
• 95 open cases currently
• Mostly referred from PBH – must be licensed to make a referral, must go through PBH
• Work under a plan of care
• Jandy – PBH over-sees intake at PBH
• Once form is sent to PBH – turn around is usually 2 weeks… can contact Barb to push the process forward
• Autism diagnosis is acceptable
• 2 hours/week working with families for 6-9 months
• Self-care is incorporated into staff work
  o Recognizing and sharing what they are doing
  o Where is your self-care throughout the day?
• Average age of children: 5 – 17

**New Business:**
• Action items from February are completed
• June meeting will be revisiting January goals
• Decision: whole meeting should be dedicated to checking in on goals – no speaker
• Purple begins in the Fall
  o Reach out to Lisa to be included in the Purple brochure
• No committee meeting for July 2019
• August – September and October – what speakers do we need?
  o Carrie – update on measles and TB – infectious diseases (Bayhealth)
  o Amanda and Carrie – Carrie will do measles and Amanda can do TB
    ▪ Beebe will require proof of MMR – employees
    ▪ Can opt out
  o Reach out to Nanticoke - infectious diseases (Lisa Wile)
  o Presentation from all 3 hospitals around infectious diseases
  o Bridge Clinic will be opening in the end of June – present in September – Onika
Harris
- Value Based Reimbursement for Behavioral Health – DMMA to come as well.
  - Medicaid office – October
    - Steve Groff
    - Lisa Zimmerman
    - Roseann Faust and Barb Messick will send contact info (October)
- Suicide: Kim Blanch? Veterans and suicide (November?)
  - People’s Place has a Veterans outreach
  - Housing is a huge issue for Vets – Roseanne has contacts
  - DSAMH is looking at a successful Baltimore program that has a van outside the prison to meet them as they walk out of prison
    - Prison release times are difficult to get from the prison system
    - This could be brought to the BHC
    - There is a re-entry commission that may help make this happen
- CPSU – Community Partner Support Unit
  - Will come to clients (social workers)
  - Will help with Tanif, benefits etc.
  - Working to get into the prisons where they can go immediately get EBT card –
  - Can get into schools to help get illegal families to receive benefits
  - In the libraries and senior centers
  - Rapid re-housing
  - Can get into housing – motel rooms up to a month while waiting for housing
  - Work for Good Will not the state
  - Divided as North and South…. South is Dover and below

Partner Updates:
- La Red – Needed: LCSW and Homeless manager and Peer support manager – full time and benefits
  - Doing prep, Hep C, HRT etc. for LGBTQ community: 855.2020 EXT 1400 Tomas is scheduling
  - START and Open Beds Electronic – online referral platform- can send patients electronic file directly to a facility – to connect people to an in or out-patient referral and will call to hook people up with services. State is looking for a community based – public platform- to look up where to go for services – only as good as updates -
    - Lisa Williams – contact person
      Sean.miller@delaware.gov – to send information to electronic directory

Adjourn: 10:45

Next BHTG Meeting – June 21st, 2019 - Adams State Service Center, Georgetown - 9:30 am
-11:00 am