



**Behavioral Health Task Group
Meeting Minutes
May 17, 2019
9:30 am to 11:00 am
Adams State Service Center**

Call to Order - Welcome & Introductions done by Committee Chair: Kym Alvarado 9:30

Melody Bush made a motion to approve April minutes. Rosanne Faust seconded the motion. Meeting minutes were approved unanimously by the committee.

Attendees: Total - 34

New attendees: 13

Action Items:

- CPSU – will send information about programs for SCHC to share with all committees (Jessica Merrill – jessica.merrill@delaware.gov)

Speaker: Barbara Messick, ED Champions for Children's Mental Health
barbm@championsDe.org
302.503.7198 or 302.724.7229

- Family Care support for children under the age of 18 with a Mental Health Diagnosis
- Pamphlets are available and they are willing to come to any office to share
- Family run – non-profit from CARES grant
- Unique: focus is on the parent and/or care giver
 - Advocate and navigate services
 - Only organization in DE giving these services
- Family Peer Support
 - Trained to work with families, must have a child with a mental health diagnosis to work for CFC
 - HS or GED required – training is given
- Barbara is a nationally certified Peer
- Will always go to the family
- Peers are there for caregivers
 - Team meetings with PBH
 - Attend IEP meetings and 504 meetings
 - Med checks
 - Doctor appointments
 - 6 – 9 months

- Help families navigate systems
- Teach self-care
- Teaching families how to advocate for themselves and effective communication
- Model positive parenting
- Provide resources
- Helping families realize they are not alone
- CANNOT transport families
- Short-term service
- Program to build skills so they can advocate for themselves
- Eligibility – Medicaid
- Must have Mental Health Diagnosis and must have someone they are working with
- Referrals: PBH or Out-patient therapist can fill out a referral packet for peer support
- If they are not with anyone, CFCMH have a licensed volunteer psycho-therapist for diagnosis and will come to them
- Del-Mar – entire state
- 15 peers – caseload of 10 – 12 per peer
- 95 open cases currently
- Mostly referred from PBH – must be licensed to make a referral, must go through PBH
- Work under a plan of care
- Jandy – PBH over-sees intake at PBH
- Once form is sent to PBH – turn around is usually 2 weeks... can contact Barb to push the process forward
- Autism diagnosis is acceptable
- 2 hours/week working with families for 6-9 months
- Self-care is incorporated into staff work
 - Recognizing and sharing what they are doing
 - Where is your self-care throughout the day?
- Average age of children: 5 – 17

- **New Business:**

- Action items from February are completed
- June meeting will be revisiting January goals
- Decision: whole meeting should be dedicated to checking in on goals – no speaker
- Purple begins in the Fall
 - Reach out to Lisa to be included in the Purple brochure
- No committee meeting for July 2019
- August – September and October – what speakers do we need?
 - Carrie – update on measles and TB – infectious diseases (Bayhealth)
 - Amanda and Carrie – Carrie will do measles and Amanda can do TB
 - Beebe will require proof of MMR – employees
 - Can opt out
 - Reach out to Nanticoke - infectious diseases (Lisa Wile)
 - Presentation from all 3 hospitals around infectious diseases
 - Bridge Clinic will be opening in the end of June – present in September – Onika

- Harris
- Value Based Reimbursement for Behavioral Health – DMMA to come as well-Medicaid office – October
 - Steve Groff
 - Lisa Zimmerman
 - Roseann Faust and Barb Messick will send contact info (October)
 - Suicide: Kim Blanch? Veterans and suicide (November?)
 - People’s Place has a Veterans outreach
 - Housing is a huge issue for Vets – Roseanne has contacts
 - DSAMH is looking at a successful Baltimore program that has a van outside the prison to meet them as they walk out of prison
 - Prison release times are difficult to get from the prison system
 - This could be brought to the BHC
 - There is a re-entry commission that may help make this happen
 - CPSU – Community Partner Support Unit
 - Will come to clients (social workers)
 - Will help with Tanif, benefits etc.
 - Working to get into the prisons where they can go immediately get EBT card –
 - Can get into schools to help get illegal families to receive benefits
 - In the libraries and senior centers
 - Rapid re-housing
 - Can get into housing – motel rooms up to a month while waiting for housing
 - Work for Good Will not the state
 - Divided as North and South.... South is Dover and below

Partner Updates:

- La Red – Needed: LCSW and Homeless manager and Peer support manager – full time and benefits
 - Doing prep, Hep C, HRT etc. for LGBTQ community: 855.2020 EXT 1400
Tomas is scheduling
 - START and Open Beds Electronic – online referral platform- can send patients electronic file directly to a facility – to connect people to an in or out-patient referral and will call to hook people up with services. State is looking for a community based – public platform- to look up where to go for services – only as good as updates -
Lisa Williams – contact person
Sean.miller@delaware.gov – to send information to electronic directory

Adjourn: 10:45

**Next BHTG Meeting – June 21st, 2019 - Adams State Service Center, Georgetown - 9:30 am
-11:00 am**