



**Behavioral Health Task Group Minutes
February 17th, 2017**

The Behavioral Health Task Group is an inclusive & collaborative group focused on providing education, service expansion and advocacy to ensure that all Sussex County residents have access to quality mental/behavioral health services.

Subject	BHTG	Dates	2-17-17
Facilitator	Peggy Geisler (410-310-5969)	Time: Start	9:30am
Location	Thurman Adams State Service Center	Time: End	11:00am
Room	Public Health Conference Room (North Entrance)		
Address	546 South Bedford Street Georgetown, DE 19947		

Minutes

Topic

Attendance: Peggy Geisler, Cheryl Doucette, Crystal Timmons-Underwood, Kym Alvarado, Brittany Hazzard, Janet Ray, John Ray, Lisa Phillips, Kim Rigby, Bryce Level, Shannon Drejka, Vicky Stromieher, Jennifer Seo, Patricia Clear, Quiana Dorn, Janet Urdahl, Anna Ornelas, Keith Richardson, Karly Moore, Michael Barbieri, Jenna Montalbano, Nataleen Bauer, Linda Blowey, Willard Heuser, Carrie Synder, Krystyn Niski, Sue Dongeo, Megan Williams.

Review January Meeting Minutes - Motion to accept minutes: John Ray made a motion to accept the minutes as written. Janet Ray made a second to the motion and minutes were approved.

Guest Speakers:

➤ **Warwick Manor**

- Works with Adults 18 and over
- Provides co-occurring treatment for all referrals
- Groups are from 9am-9pm
- Provide groups on chronic disease model
- Program is in 3week education format
- Allotted 14 days to work with each client
- As soon as client arrives, they begin program
- Conduct an orientation group
- Greif and lose group
- Co-occurring disorder group
- Has full time psychiatrist and licensed medical doctor
- Goal is to prepare clients for the next level of treatment
 - Out of 100 clients, 40 attended their next level of treatment
- Leased 22 acres with 2 homes
- Have to make sure that clients are stable enough to be in satellite homes
- Provides services to post-partum referrals directly from hospital
 - These cases are difficult because the mother does not have contact with the baby

- Highest number of referrals comes from up North
 - 154 referrals from Newcastle County and Kent County
 - Get a high number of referrals from patients that leave program
 - Kirkwood, Rockwood, Meadow Wood, Dover Behavioral Health, Christiana Health Services
- Will assist with transportation
- Lower Delaware; 15-20 referrals for 2015
 - 5 self-referrals from lower Delaware
- Refers patient back to the referring agency once they complete program
- Biggest challenge in Delaware is finding housing for people when they leave
 - Project engage, and Recovery Innovations helps whenever possible
 - Most housing is in Philadelphia
- Provides family education every Saturday
 - Allows family to come from 1-4:30pm every Saturday
 - Saturdays are deemed family day
 - Provide education on why it is important to go to 12step family group
 - Provides one-one-one family groups
- A number of referrals from Maryland comes from Health Departments
- 8-10 admissions come in daily, and 8-10 people leave everyday
- Pen North – in Pennsylvania
 - Holistic Community Approach
 - Different services available to addicts

Old Business/Updates:

EDUCATION/TRAINING

Family Support and Engagement and Advocacy

Report on Sub-Committee Planning Meeting – Held 2/6/17

- Pilot – Community Education Series – Topic – Addiction
- Pulled group of mental health providers together to plan a 3-part series focusing on:
 - Information – Education – Support
 - Understanding Addiction/Recovery
 - Attack Addiction will take the lead on this training
 - Building Healthy Relationships
 - NAMI will take the lead on this training
 - Moving Forward – Networking
 - This will be a vendor event
 - Will have 5 vendors
 - Each vendor will have 5-10 minutes to talk about services they provide
 - Vendors will be community members
 - Make sure to hit every area
 - Families will be able to engage at this session
 - Came up with more tight niche curriculum on how trainings will flow
 - Pilot will start in Georgetown, and will hit other locations later on if

- trainings are working
- Explored Fenwick, Seaford, Bethany and Longneck area
- 3 different locations
- We should be mindful of childcare challenges
- 1 hour meeting per session with 20-minute Q&A
- Sessions will be 1 week apart
- Dates we are looking at are: April 4th, 11th, and 18th between 6-7:30pm
- Anticipating 15-20 for first session
- Goal is to ask attendees for their input
 - What are the values that you learned today?
 - What will you be able to take away from meeting
- Will convene another sub-committee meeting
- Lisa Wile will purchase crayons and coloring books, and will also provide snacks for all three nights
- Committee to give a yearlong calendar of how we are going to roll this out
- Longneck will be the 4th community to have trainings
- Megan suggested having resource from healthcare systems to help streamline entry into primary care services
- May provide pre and post surveys

ADVOCACY – Legislative Update

- Constituents Advocacy Group formed
 - Quarterly Constituency meetings
 - SCHC working with Michael Barbieri, Representative Ruth Briggs King, and Representative Timothy Dukes on this initiative
 - Constituents Listening Tour
 - Address what needs are and how we can assist with addressing those needs
 - Peggy mentioned that there needs to be a holistic approach on prevention messaging, support, and resilience

Healthy Neighborhoods Update

- CHNA Work Group/Healthier Sussex Task Group will join the BHTG for Implementation for Community Health Needs Assessment and Healthy Neighborhoods work
- Introduce Members of CHNA Work Group and the SME working on Implementation Phase from each Hospital system
 - Bridging gap between clinical and community
 - Task force (Healthier Sussex Task Force) created in 2013
 - Collaboration between 3 different health systems
 - Assessment completed every 3 years
 - Last assessment was released in 2016
 - Results from Assessment: Top 3 needs identified
 - Mental Health/Addiction
 - Obesity/Chronic Disease prevention

<ul style="list-style-type: none"> • Cancer Care ○ Developed workgroup as a result of top 3 needs identified ○ Pulling together subject matter experts from different communities ○ Looked at what kind of data is available that can be quantified <ul style="list-style-type: none"> ▪ Number of patients a month receiving behavioral health consultation ▪ What kind of opioids and deaths are seeing? ▪ What communities has the highest percentage? ▪ 50% of patients were being identified with some kind of mental health problem <ul style="list-style-type: none"> • How do we connect dots to ensure that when person leaves the hospital, that they are referred to a primary care physician with a behavioral health background? ○ Beebe Healthcare just opened their first Integrated primary and behavioral health clinic ○ La Red has been using integrated healthcare system for a year ○ Janet Urdahl said that she can share this information with Megan Williams ○ Cheryl to connect Janet and Megan

Updates/Announcements

- La Red Healthcare
 - NASW sponsoring a 2016 discussion around clinical impact of 2016 election this coming Monday
- Lisa Wile – health and communities
 - Live for Chocolate event on May 5th
 - Health Focus
- JFP foundation starting a free grieve and lost group once a month at 6:30pm

Adjourn

Confirmed Dates and Location

<p>1/20/17 - BHTG Committee Meeting @ Thurman Adams State Service Center – Guest Speaker will be Mr. Keith Richardson from Warwick Manor</p>	<p>9:30 to 11:00</p>	<p>Please remember to RSVP to MEstimable@pmgconsulting.net</p> <p>So we can set up the room to accommodate all attendees</p> <p>Consider inviting a Colleague that may benefit from attending these meetings</p>
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Remember to Like us on Facebook at [Sussex County Health Coalition](#) and connect with us on Twitter [@Healthy_Sussex](#)

Please share any information about upcoming events and success stories with us.

We are always happy to share your message and promote your agency on social media.