Behavioral Health Task Group Minutes
January 20th, 2017

The Behavioral Health Task Group is an inclusive & collaborative group focused on providing education, service expansion and advocacy to ensure that all Sussex County residents have access to quality mental/behavioral health services.

<table>
<thead>
<tr>
<th>Subject</th>
<th>BHTG</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Facilitator</td>
<td>Peggy Geisler</td>
<td>1-20-17</td>
</tr>
<tr>
<td></td>
<td>(410-310-5969)</td>
<td></td>
</tr>
<tr>
<td>Location</td>
<td>Thurman Adams State Service Center</td>
<td></td>
</tr>
<tr>
<td>Room</td>
<td>Public Health Conference Room (North Entrance)</td>
<td></td>
</tr>
<tr>
<td>Address</td>
<td>546 South Bedford Street Georgetown, DE 19947</td>
<td></td>
</tr>
</tbody>
</table>

Minutes

<table>
<thead>
<tr>
<th>Topic</th>
</tr>
</thead>
</table>


Review December Meeting Minutes: 9:34 minutes were reviewed and a motion to accept the minutes with one change made by Shannon Hardester, and John Ray made a second to the motion.

Guest Speaker:

- Warwick Manor- Keith Richardson
  - Substance abuse centers co-occurring mental health program (Look on website)
    - serves many Delaware residents that have both private commercial insurance and Medicaid.
    - Most patients come from Northern Delaware, centers like Rockford Center, and Meadow woods.
      - Get a few referrals from Southern Delaware
  - Wants to build a better relationship with Sussex County Delaware
  - Warwick provides transportation to clients
  - Warwick is able to take all insurances.
  - They take Detox patients
  - Length of stay is usually 7-14 days
  - Will provide full blown presentation next month
La Red Health Center
- Janet Urdahl gave a presentation on services offered at LaRed Health center
  - Services offered at LaRed: full prenatal care, primary care, behavioral health
- Need to make appointment for behavioral health services
  - Not a 24-hour walk-in center
  - No emergency behavioral health services
  - Now has integrated practice
  - Janet does assessment and referrals from primary care
    - Once patient sees Janet, they can come back at any time
      - Will accept walk-ins at this point (open door policy)
    - Most interviews are done with bilingual interpreter
    - 75% of staff is bilingual
    - Live translators, no language line
      - Currently has 6 weeks wait list
- 2 primary doctors
- Seaford office offers: prenatal, primary care, pediatrics and has one behavioral health specialist
- Milford has Prenatal, primary care and pediatrics, and one behavioral health specialist
  - Those offices are opened on Saturday
- LaRed has 3 full time mental health therapist, with one currently out on medical leave
- LaRed offers an after-school homework program every Tuesday, Wednesday, Thursday for high school students (grades 9-12)
  - Free program, there will be 15 tutors
  - Bilingual services will be offered
- Dental works on a sliding fee scale
  - $50 to make an appointment, within two months you should have appointment
  - They are getting a second dentist to speed up waiting period
- La Red provides transportation for any patient who doesn’t have insurance
  - In addition, will provide transportation services for patients to see outside providers
- They have a homeless outreach coordinator
  - Metetwa Shakur

Healthy Neighborhoods:
- David Crimmins gave a brief update on Healthy Neighborhoods
- Healthy Neighborhoods launched by the Delaware Center for Health Innovation
  - Plan is to create 10 healthy communities as a polite program
  - Transformation of healthcare system in Delaware
  - Needs based outreach program for the community
  - Target in Sussex County is Mental Health communities
Sussex County Health coalitions is working with Healthy Neighborhood initiatives
Bridge gap between clinical and the community

**EDUCATION/TRAINING**

**Family Support and Engagement and Advocacy**

- Quarterly Community Educational Component
  - Information – Education – Support (Addiction Series)
    - Understanding Addiction/Recovery
    - What is enabling? How to support, but avoid enabling?
    - Selfcare when a loved one is dealing with addiction
  - Form sub-committee to prep for trainings
    - Looking for subject matter experts to take lead in each area
    - 1 hour long trainings, as a 3 part series
  - Series to begin end of February, early March
  - SCHC to book facility
  - Group agreed to pilot this in Georgetown
**Updates/Announcements**

- **Free Dental Clinic** will be opening at Civic Center in March
  - Taking 100 veterans on Friday before
  - Currently they have 2 on the list
- **Highroads School of Southern Delaware** is opening a new site in Georgetown
  - Provides transportation, breakfast and lunch
  - Serves kids who are not successful in the community and school
- **Seaford Focus Group Update**
  - Michael Barbieri will be having a follow up meeting in February to address service gaps
  - Biggest concern that came up in meeting was around messaging
  - Wants to create a program in school to have students create drug message, and winner will get an award
  - Discussed need for services
  - Discussed needs to be more engaged with elementary and middle school aged student
  - Looking at ways to do more outreach in the community
- **Ericka Sample** was able to distribute resource cards to police departments in Sussex County
  - She also sent a mass email to all chiefs of police to inform them of the delivery of the resource cards with instructional information to the state
- **Nanticoke Health Care** has agreed to reprint the Help Is Here cards
  - 500 at a time for the Seaford Area at no cost.

**ACTION ITEMS:**

- BHTG has asked that we drive a training that will be based on additions, enabling, self-care and support.
- Who what when where and how needs to be addressed.
- We need volunteers to head up each group with your organization.
- 1 hour educational with a goal of feeding them into treatment or resources. Target is family members that are dealing with an addict.
- 3 times in 3 different areas – 1 hour. Attack Addiction will volunteer to do the Education. Everyone agreed in the room.
- (other topics are as followed but tabled: that need to be tabled and sub committees created for the following.)
  - Topic 2: (Self Care/ Support for the family)
  - Topic 3: Options (Where do you go from here) – Panel discussion and Vendors

**Addition actions items:**

- Add a map and location to our new office on our website.
- Shannon Hardester stated she attended Heroin Alerts, which is a new program in Salisbury Maryland. More information is needed so we can review this program and reach out to them or attend one of their meetings.
- Forming a subcommittee about the Angel program that is used in Dover along with Connections. Please see Crystal or Midline if you are interested in being part of this group.