



Behavioral Health Task Group Minutes January 20th, 2017

The Behavioral Health Task Group is an inclusive & collaborative group focused on providing education, service expansion and advocacy to ensure that all Sussex County residents have access to quality mental/behavioral health services.

Subject	BHTG	Dates	1-20-17
Facilitator	Peggy Geisler (410-310-5969)	Time: Start	9:30am
Location	Thurman Adams State Service Center	Time: End	11:00am
Room	Public Health Conference Room (North Entrance)		
Address	546 South Bedford Street Georgetown, DE 19947		

Minutes

Topic

Attendance: Cheryl Doucette, Crystal Timmons-Underwood, Midline Estimable, Jenna Montalbano, Garnet Rhue, Paticia Clear, Kym Alvarado, Michael Barbieri, Brittany Hazzard, Rosemary Joseph-Kappel, Patti Burke, Quiana Dorn, Alisha McCanney, Kim Taylor, Vinnie Fabber, Janet Urdahl, Anna Ornelas, Lisa Wile, Vicki Strohmaier, Tina Moyer, Chris Love, Lisa Phillips, Shannon Hardester, Rebecca Muniz, Janet Ray, John Ray, Carol Reid Hall, Keith Richardson, David Crimmins, Mike Gavula, Alex Cropper, Bruce Lorenz, Karen Cannon, Douglas L. Spruill, Natasha Mullen.

Review December Meeting Minutes: 9:34 minutes were reviewed and a motion to accept the minutes with one change made by Shannon Hardester, and John Ray made a second to the motion.

Guest Speaker:

➤ **Warwick Manor- Keith Richardson**

- Substance abuse centers co-occurring mental health program (Look on website)
 - serves many Delaware residents that have both private commercial insurance and Medicaid.
 - Most patients come from Northern Delaware, centers like Rockford Center, and Meadow woods.
 - Get a few referrals from Southern Delaware
- Wants to build a better relationship with Sussex County Delaware
- Warwick provides transportation to clients
- Warwick is able to take all insurances.
- They take Detox patients
- Length of stay is usually 7-14 days
- Will provide full blown presentation next month

➤ **La Red Health Center**

- Janet Urdahl gave a presentation on services offered at LaRed Health center
 - Services offered at LaRed: full prenatal care, primary care, behavioral health
- Need to make appointment for behavioral health services
 - Not a 24-hour walk-in center
 - No emergency behavioral health services
 - Now has integrated practice
 - Janet does assessment and referrals from primary care
 - Once patient sees Janet, they can come back at any time
 - Will accept walk-ins at this point (open door policy)
 - Most interviews are done with bilingual interpreter
 - 75% of staff is bilingual
 - Live translators, no language line
 - Currently has 6 weeks wait list
- 2 primary doctors
- Seaford office offers: prenatal, primary care, pediatrics and has one behavioral health specialist
- Milford has Prenatal, primary care and pediatrics, and one behavioral health specialist
 - Those offices are opened on Saturday

- LaRed has 3 full time mental health therapist, with one currently out on medical leave
- LaRed offers an after-school homework program every Tuesday, Wednesday, Thursday for high school students (grades 9-12)
 - free program, there will be 15 tutors
 - bilingual services will be offered

- Dental works on a sliding fee scale
 - \$50 to make an appointment, within two months you should have appointment
 - They are getting a second dentist to speed up waiting period

- La Red provides transportation for any patient who doesn't have insurance
 - In addition, will provide transportation services for patients to see outside providers
- They have a homeless outreach coordinator
 - Metetwa Shakur

Healthy Neighborhoods:

- David Crimmins gave a brief update on Healthy Neighborhoods
- Healthy Neighborhoods launched by the Delaware Center for Health Innovation
 - Plan is to create 10 healthy communities as a polite program
 - Transformation of healthcare system in Delaware
 - Needs based outreach program for the community
 - Target in Sussex County is Mental Health communities

- Sussex County Health coalitions is working with Healthy Neighborhood initiatives
- Bridge gap between clinical and the community

EDUCATION/TRAINING

Family Support and Engagement and Advocacy

- Quarterly Community Educational Component
 - Information – Education – Support (Addiction Series)
 - Understanding Addiction/Recovery
 - What is enabling? How to support, but avoid enabling?
 - Selfcare when a loved one is dealing with addiction
- Form sub-committee to prep for trainings
 - Looking for subject matter experts to take lead in each area
 - 1hour long trainings, as a 3part series
- Series to begin end of February, early March
- SCHC to book facility
- Group agreed to pilot this in Georgetown

Updates/Announcements

- Free Dental Clinic will be opening at Civic Center in March
 - Taking 100 veterans on Friday before
 - Currently they have 2 on the list
- Highroads School of Southern Delaware is opening a new site in Georgetown
 - Provides transportation, breakfast and lunch
 - Serves kids who are not successful in the community and school
- Seaford Focus Group Update
 - Michael Barbieri will be having a follow up meeting in February to address service gaps
 - Biggest concern that came up in meeting was around messaging
 - Wants to create a program in school to have students create drug message, and winner will get an award
 - Discussed need for services
 - Discussed needs to be more engaged with elementary and middle school aged student
 - Looking at ways to do more outreach in the community
- Ericka Sample was able to distribute resource cards to police departments in Sussex County
 - She also sent a mass email to all chiefs of police to inform them of the delivery of the resource cards with instructional information to the state
- Nanticoke Health Care has agreed to reprint the Help Is Here cards
 - 500 at a time for the Seaford Area at no cost.

ACTION ITEMS:

- BHTG has asked that we drive a training that will be based on additions, enabling, self-care and support.
- Who what when where and how needs to be addressed.
- We need volunteers to head up each group with your organization.
- 1 hour educational with a goal of feeding them into treatment or resources. Target is family members that are dealing with an addict.
- 3 times in 3 different areas – 1 hour. Attack Addiction will volunteer to do the Education. Everyone agreed in the room.
- (other topics are as followed but tabled: that need to be tabled and sub committees created for the following.)
Topic 2: (Self Care/ Support for the family)

Topic 3: Options (Where do you go from here) – Panel discussion and Vendors

Addition actions items:

- Add a map and location to our new office on our website.
- Shannon Hardester stated she attended Heroin Alerts, which is a new program in Salisbury Maryland. More information is needed so we can review this program and reach out to them or attend one of their meetings.
- Forming a subcommittee about the Angel program that is used in Dover along with Connections. Please see Crystal or Midline if you are interested in being part of this group.

